

MA, 28 OKT	DI, 29 OKT	WO, 30 OKT	DO, 31 OKT	VR, 01 NOV	ZA, 02 NOV	ZO, 03 NOV
		<p>18:00 - 18:30 HIIT Group Classes Studio Guillaume Dussart</p>	<p>12:15 - 13:15 Pilates Group Classes Studio Aurore Martano</p>	<p>09:00 - 10:00 Yoga Group Classes Studio Floriana Palmieri</p>	<p>10:00 - 11:00 Yoga Group Classes Studio Laura Mann</p>	<p>10:00 - 11:00 Burn Group Classes Studio Julie Cooremans</p>
	<p>18:00 - 20:00 Halloween Special Functional Zone Jims Auderghem</p>		<p>18:30 - 19:00 Boxing Group Classes Studio Mohamed Touré</p>	<p>12:15 - 13:15 Pilates Group Classes Studio Celine Senay</p>	<p>10:30 - 11:30 Core Functional Zone David Todero</p>	<p>11:05 - 12:05 Mobility (SGT) Functional Zone Julie Cooremans</p>
	<p>18:30 - 19:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Julie Cooremans</p>		<p>19:00 - 19:30 Core David Todero</p>		<p>11:05 - 12:05 HIIT Group Classes Studio Laura Mann</p>	<p>12:10 - 13:10 Zumba® Group Classes Studio Aurelie Tuli</p>
	<p>19:00 - 19:30 Dance Group Classes Studio Mouna Assoufi</p>		<p>19:30 - 20:00 Animal Flow Stephan Giunta</p>		<p>11:45 - 12:45 Crosstraining Functional Zone David Todero</p>	<p>13:15 - 14:15 Boxing Group Classes Studio Jims Auderghem</p>
	<p>19:30 - 20:30 Yoga Group Classes Studio Laura Mann</p>		<p>20:00 - 20:30 Pilates Group Classes Studio Aurore Martano</p>			<p>14:15 - 15:15 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Julie Cooremans</p>

MA, 04 NOV	DI, 05 NOV	WO, 06 NOV	DO, 07 NOV	VR, 08 NOV	ZA, 09 NOV	ZO, 10 NOV
<p>18:00 - 19:00 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Julie Cooremans</p> <p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Esther Fischbach</p> <p>19:05 - 19:50 Weight Loss (SGT) Functional Zone Kévin De Wachter</p> <p>19:15 - 20:15 Zumba® Group Classes Studio Aurelie Tuli</p>	<p>07:15 - 08:15 Yoga Group Classes Studio Maya Alvini</p> <p>12:15 - 13:15 TAE BO ® Group Classes Studio Nathalie Berrettoni</p> <p>18:00 - 19:00 Animal Flow Group Classes Studio Stephan Giunta</p> <p>18:00 - 18:45 HIIT Functional Zone Julie Cooremans</p> <p>19:00 - 20:00 Moving Moms (SGT) Group Classes Studio Esther Fischbach</p> <p>19:05 - 20:05 Crosstraining Functional Zone Julie Cooremans</p> <p>19:05 - 20:05 Pilates Group Classes Studio Aurore Martano</p>	<p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Esther Fischbach</p> <p>18:00 - 19:00 Yoga Group Classes Studio Floriana Palmieri</p> <p>19:00 - 19:45 Healthy Back (SGT) Functional Zone Michael Dolu</p> <p>19:15 - 20:15 Dance Group Classes Studio Mouna Assoufi</p>	<p>12:15 - 13:15 Pilates Group Classes Studio Aurore Martano</p> <p>18:00 - 19:00 Moving Moms (SGT) Functional Zone Weronika Wisniewska</p> <p>18:30 - 19:30 Boxing Group Classes Studio Mohamed Touré</p> <p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Kévin De Wachter</p> <p>19:15 - 20:15 Crosstraining Functional Zone David Todero</p> <p>19:30 - 20:30 Animal Flow Group Classes Studio Stephan Giunta</p>	<p>09:00 - 10:00 Yoga Group Classes Studio Floriana Palmieri</p> <p>12:15 - 13:15 Pilates Group Classes Studio Celine Senay</p>	<p>10:00 - 11:00 Yoga Group Classes Studio Laura Mann</p> <p>10:30 - 11:30 Core Functional Zone David Todero</p> <p>11:05 - 12:05 HIIT Group Classes Studio Laura Mann</p> <p>11:45 - 12:45 Crosstraining Functional Zone David Todero</p>	<p>10:00 - 11:00 Burn Group Classes Studio Julie Cooremans</p> <p>11:05 - 12:05 Mobility (SGT) Functional Zone Julie Cooremans</p> <p>13:15 - 14:15 Boxing Group Classes Studio Jims Auderghem</p> <p>14:15 - 15:15 LES MILLS STRENGTH DEVELOPMENT (BE) Group Classes Studio Julie Cooremans</p>