

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>17:00 - 18:00 Hybrid X Adriano Sita</p>	<p>10:00 - 11:00 Pilates Angeliqne Meunier</p>	<p>17:00 - 18:00 Crosstraining Erica Beckers</p>	<p>17:00 - 18:00 Les Mills Bodypump™ Youssef El Mashouli</p>	<p>10:00 - 11:00 Yoga Group Classes Studio</p>	<p>10:00 - 11:00 STRETCHING Erica Beckers</p>	<p>10:00 - 11:00 Pilates Anais El Gharbaoui</p>
<p>17:00 - 18:00 Les Mills Bodypump™ Youssef El Mashouli</p>	<p>17:00 - 18:00 Cardio Boxing</p>	<p>18:00 - 19:00 Les Mills Bodypump™ Céline Darge</p>	<p>18:00 - 19:00 Pilates Dhavindra LATCHIMY</p>		<p>11:00 - 12:00 Cuisses Abdos Fessiers (CAF) Erica Beckers</p>	<p>11:00 - 12:00 Yoga Anais El Gharbaoui</p>
<p>18:00 - 19:00 HIIT Luna Delobbe</p>	<p>18:00 - 19:00 Go Functional (SGT) Romain Gilbert</p>	<p>18:00 - 19:00 Strength For Women (SGT) Jordan Thirionet</p>	<p>18:00 - 19:00 Strength Training (SGT) Laura De Taye</p>			
<p>18:00 - 19:00 Start To Workout (SGT) Laura De Taye</p>	<p>18:00 - 19:00 Pilates Luna Delobbe</p>	<p>19:00 - 20:00 Start To Workout (SGT) Romain Gilbert</p>	<p>19:00 - 20:00 Hybrid X Adriano Sita</p>			
<p>19:00 - 20:00 Strength For Women (SGT) Laura De Taye</p>	<p>19:00 - 20:00 Cuisses Abdos Fessiers (CAF) Luna Delobbe</p>		<p>19:00 - 20:00 Squat Bench Deadlift (SGT) Jordan Thirionet</p>			
<p>19:00 - 20:00 Zumba® Keziah Vranckx</p>	<p>19:00 - 20:00 Healthy Back (SGT) Romain Gilbert</p>					

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17:00 - 18:00 Hybrid X	10:00 - 11:00 Pilates	17:00 - 18:00 Crosstraining	17:00 - 18:00 Les Mills Bodypump™	10:00 - 11:00 Yoga Elodie Vas	10:00 - 11:00 STRETCHING	10:00 - 11:00 Pilates
17:00 - 18:00 Les Mills Bodypump™	17:00 - 18:00 Cardio Boxing	18:00 - 19:00 Les Mills Bodypump™	18:00 - 19:00 Pilates		11:00 - 12:00 Cuisses Abdos Fessiers (CAF)	11:00 - 12:00 Yoga
18:00 - 19:00 HIIT	18:00 - 19:00 Go Functional (SGT) Romain Gilbert	18:00 - 19:00 Strength For Women (SGT) Jordan Thirionet	18:00 - 19:00 Strength Training (SGT) Laura De Taye			
18:00 - 19:00 Start To Workout (SGT) Laura De Taye	18:00 - 19:00 Pilates	19:00 - 20:00 Start To Workout (SGT) Romain Gilbert	19:00 - 20:00 Hybrid X			
19:00 - 20:00 Strength For Women (SGT) Laura De Taye	19:00 - 20:00 Cuisses Abdos Fessiers (CAF)		19:00 - 20:00 Squat Bench Deadlift (SGT) Jordan Thirionet			
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