

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
	18:00 - 19:00 Go Functional (SGT) Romain Gilbert	17:00 - 18:00 Crosstraining	17:00 - 18:00 Les Mills Bodypump™	10:00 - 11:00 Yoga	10:00 - 11:00 STRETCHING	10:00 - 11:00 Pilates
	18:00 - 19:00 Pilates	18:00 - 19:00 Les Mills Bodypump™	18:00 - 19:00 Pilates		11:00 - 12:00 Cuisses Abdos Fessiers (CAF)	11:00 - 12:00 Yoga
	19:00 - 20:00 Cuisses Abdos Fessiers (CAF)	18:00 - 19:00 Strength For Women (SGT) Jordan Thirionet	18:00 - 19:00 Strength Training (SGT) Laura De Taye			
	19:00 - 20:00 GO HYBRID SGT - TYRUN (BE)	19:00 - 20:00 Start To Workout (SGT) Romain Gilbert	19:00 - 20:00 Hybrid X			
			19:00 - 20:00 Squat Bench Deadlift (SGT) Jordan Thirionet			

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>17:00 - 18:00 Hybrid X Functional Zone Adriano Sita</p>	<p>10:00 - 11:00 Pilates Angeliqne Meunier</p>	<p>17:00 - 18:00 Crosstraining Erica Beckers</p>	<p>17:00 - 18:00 Les Mills Bodypump™</p>	<p>10:00 - 11:00 Yoga</p>	<p>10:00 - 11:00 STRETCHING</p>	<p>10:00 - 11:00 Pilates</p>
<p>17:00 - 18:00 Les Mills Bodypump™ Group Classes Studio Youssef El Mashouli</p>	<p>17:00 - 18:00 Cardio Boxing</p>	<p>18:00 - 19:00 Les Mills Bodypump™</p>	<p>18:00 - 19:00 Pilates</p>		<p>11:00 - 12:00 Cuisses Abdos Fessiers (CAF)</p>	<p>11:00 - 12:00 Yoga</p>
<p>18:00 - 19:00 HIIT Group Classes Studio Luna Delobbe</p>	<p>18:00 - 19:00 Go Functional (SGT) Romain Gilbert</p>	<p>18:00 - 19:00 Strength For Women (SGT) Jordan Thirionet</p>	<p>18:00 - 19:00 Strength Training (SGT) Laura De Taye</p>			
<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Laura De Taye</p>	<p>18:00 - 19:00 Pilates</p>	<p>19:00 - 20:00 Start To Workout (SGT) Romain Gilbert</p>	<p>19:00 - 20:00 Hybrid X</p>			
<p>19:00 - 20:00 Strength For Women (SGT) Fitness Floor Laura De Taye</p>	<p>19:00 - 20:00 Cuisses Abdos Fessiers (CAF)</p>		<p>19:00 - 20:00 Squat Bench Deadlift (SGT) Jordan Thirionet</p>			
<p>19:00 - 20:00 Zumba® Group Classes Studio Keziah Vranckx</p>	<p>19:00 - 20:00 Healthy Back (SGT) Romain Gilbert</p>					