

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
07:00 - 08:00 Pilates Group Classes Studio Fanny Van Winkel	18:00 - 18:50 Pilates Group Classes Studio Feli Meurisse	17:30 - 18:30 Les Mills Bodypump™ Group Classes Studio Fanny Van Winkel	07:00 - 08:00 Pilates Group Classes Studio Fanny Van Winkel			
	18:00 - 19:00 Start To Workout (SGT) Fitness Floor Rembert Van Den Haute	18:30 - 19:30 BBB Group Classes Studio Fanny Van Winkel	18:00 - 19:00 Get stronger Group Classes Studio Jake Plaskie			
	19:00 - 19:50 Pilates Group Classes Studio Feli Meurisse	19:00 - 20:00 Start To Workout (SGT) Fitness Floor Bram Vereecke	19:00 - 20:00 Strength Training (SGT) Fitness Floor Bram Vereecke			

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
07:00 - 08:00 Pilates Group Classes Studio Fanny Van Winkel	07:15 - 08:15 GO HYBRID SGT(BE) Fitness Floor Jake Plaskie	17:30 - 18:30 Les Mills Bodypump™ Group Classes Studio Fanny Van Winkel	07:00 - 08:00 Pilates Group Classes Studio Fanny Van Winkel	19:00 - 20:00 AFRODANCE (BE) Group Classes Studio Magicline Magicline		
18:00 - 19:00 Conditioning (SGT) Fitness Floor Rembert Van Den Haute	18:00 - 18:50 Pilates Group Classes Studio Feli Meurisse	18:30 - 19:30 BBB Group Classes Studio Fanny Van Winkel	18:00 - 19:00 Get stronger Fitness Floor Jake Plaskie			
	18:00 - 19:00 Start To Workout (SGT) Fitness Floor Rembert Van Den Haute	19:00 - 20:00 Start To Workout (SGT) Fitness Floor Bram Vereecke	19:00 - 20:00 Strength Training (SGT) Fitness Floor Bram Vereecke			
	19:00 - 19:50 Pilates Group Classes Studio Feli Meurisse		19:15 - 20:15 Les Mills Bodypump™ Group Classes Studio Eva Simons			
	19:00 - 20:00 Strength For Women (SGT) Fitness Floor Bram Vereecke		20:15 - 21:15 Les Mills Dance Group Classes Studio Eva Simons			