

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
	<p>18:00 - 19:00 Conditioning (SGT) Fitness Floor Laise Saro</p>	<p>08:00 - 09:00 HIIT Fitness Floor</p>	<p>19:00 - 20:00 Go Functional (SGT) Fitness Floor Danielle Schotman</p>	<p>08:00 - 09:00 HIIT Fitness Floor</p>	<p>10:00 - 11:00 HIIT Fitness Floor</p>	<p>09:15 - 10:15 Pilates Group Classes Studio Karlien Bams</p>
	<p>19:00 - 20:00 Zumba® Group Classes Studio Rodica Telescu-Heeren</p>	<p>10:00 - 11:00 Forever Fit (SGT) Fitness Floor Danielle Schotman</p>	<p>19:00 - 20:00 Pilates Group Classes Studio Karlien Bams</p>	<p>09:00 - 10:00 Boxing Group Classes Studio</p>	<p>11:00 - 12:00 Boxing Group Classes Studio</p>	<p>10:15 - 11:15 Yoga Group Classes Studio Karlien Bams</p>
		<p>11:00 - 12:00 Start To Workout (SGT) Fitness Floor Jarne Ameele</p>	<p>20:00 - 21:00 Pilates Group Classes Studio Karlien Bams</p>		<p>12:00 - 13:00 Zumba® Group Classes Studio Rodica Telescu-Heeren</p>	<p>11:15 - 12:15 SOUND BATH (BE) Group Classes Studio</p>
		<p>19:00 - 20:00 SOUND BATH (BE) Group Classes Studio</p>				

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08:00 - 09:00 HIIT Fitness Floor	18:00 - 19:00 Conditioning (SGT) Fitness Floor Laise Saro	08:00 - 09:00 HIIT Fitness Floor	08:00 - 09:00 BBB Group Classes Studio	08:00 - 09:00 HIIT Fitness Floor	10:00 - 11:00 HIIT Fitness Floor	09:15 - 10:15 Pilates Group Classes Studio Karlien Bams
09:00 - 10:00 Boxing Group Classes Studio	19:00 - 20:00 Zumba® Group Classes Studio Rodica Telescu-Heeren	10:00 - 11:00 Forever Fit (SGT) Fitness Floor Danielle Schotman	09:00 - 10:00 Les Mills Bodybalance™ Group Classes Studio	09:00 - 10:00 Boxing Group Classes Studio	11:00 - 12:00 Boxing Group Classes Studio	10:15 - 11:15 Yoga Group Classes Studio Karlien Bams
19:00 - 20:00 Strength For Women (SGT) Fitness Floor Laise Saro		11:00 - 12:00 Start To Workout (SGT) Fitness Floor Danielle Schotman	19:00 - 20:00 Go Functional (SGT) Fitness Floor Danielle Schotman		12:00 - 13:00 Zumba® Group Classes Studio Rodica Telescu-Heeren	11:15 - 12:15 SOUND BATH (BE) Group Classes Studio
		19:00 - 20:00 SOUND BATH (BE) Group Classes Studio	19:00 - 20:00 Pilates Group Classes Studio Karlien Bams			
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