

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
18:00 - 19:00 Strength For Women (SGT) Group Classes Studio Haidi Al Mohcen	18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Jims Roeselare	20:00 - 21:00 BOXING CUBE (BE) Boxing Cube Thibo Hellebuyck	15:30 - 16:30 Start To Workout (SGT) Fitness Floor Gauthier Standaert		10:30 - 12:00 BOXING CUBE (BE) Boxing Cube Thibo Hellebuyck	
19:00 - 20:00 Callisthenics Functional Zone Marlon D'hoore	20:00 - 21:00 AFRODANCE (BE) Group Classes Studio Mike Ngoyi ilunga		17:00 - 17:30 Mobility (SGT) Functional Zone Marlon D'hoore			
19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Jims Roeselare			18:00 - 19:00 Strength For Women (SGT) Group Classes Studio Haidi Al Mohcen			
19:30 - 20:30 Kickboxing Frederick Derijcke			18:45 - 19:45 Kickboxing Boxing Cube Frederick Derijcke			
			19:00 - 20:00 Pilates Group Classes Studio Haidi Al Mohcen			
			20:00 - 21:00 Self Defense Boxing Cube Jims Roeselare			

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>10:30 - 11:30 Start To Workout (SGT) Fitness Floor Gauthier Standaert</p>	<p>18:00 - 19:00 Hybrid X Functional Zone Gauthier Standaert</p>	<p>20:00 - 21:00 BOXING CUBE (BE) Boxing Cube Thibo Hellebuyck</p>	<p>15:30 - 16:30 Start To Workout (SGT) Fitness Floor Gauthier Standaert</p>		<p>10:30 - 12:00 BOXING CUBE (BE) Boxing Cube Thibo Hellebuyck</p>	
<p>18:00 - 19:00 Strength For Women (SGT) Group Classes Studio Haidi Al Mohcen</p>	<p>18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Jims Roeselare</p>		<p>17:00 - 17:30 Mobility (SGT) Functional Zone Marlon D'hoore</p>			
<p>19:00 - 20:00 Callisthenics Functional Zone Marlon D'hoore</p>	<p>20:00 - 21:00 AFRODANCE (BE) Group Classes Studio Mike Ngoyi ilunga</p>		<p>18:00 - 19:00 Strength For Women (SGT) Group Classes Studio Haidi Al Mohcen</p>			
<p>19:30 - 20:30 Kickboxing Frederick Derijcke</p>			<p>18:45 - 19:45 Kickboxing Boxing Cube Frederick Derijcke</p>			
			<p>19:00 - 20:00 Pilates Group Classes Studio Haidi Al Mohcen</p>			
			<p>20:00 - 21:00 Self Defense Boxing Cube Jims Roeselare</p>			