

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
	<p>18:00 - 19:00 <b>Pilates</b> Functional Zone</p> <p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Functional Zone</p> <p>20:00 - 21:00 <b>Indoor Cycling</b></p>	<p>19:00 - 20:00 <b>Yoga</b> Body &amp; Mind Cube</p>	<p>19:30 - 20:30 <b>Indoor Cycling</b></p>	<p>12:00 - 13:00 <b>Forever Fit (SGT)</b> Functional Zone   Quinten Beckx, Salvatore Carlisi</p>	<p>10:00 - 11:00 <b>Yoga</b> Body &amp; Mind Cube</p>	<p>10:00 - 11:00 <b>Boxing</b> Functional Zone</p>

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
19:00 - 20:00 <b>Les Mills Bodypump™</b> Functional Zone	18:00 - 19:00 <b>Pilates</b> Functional Zone	19:00 - 20:00 <b>Yoga</b> Body & Mind Cube	18:30 - 19:30 <b>Pilates</b> Functional Zone	12:00 - 13:00 <b>Forever Fit (SGT)</b> Functional Zone   Salvatore Carlisi, Quinten Beckx	10:00 - 11:00 <b>Yoga</b> Body & Mind Cube	10:00 - 11:00 <b>Boxing</b> Functional Zone
20:00 - 21:00 <b>Total Body Conditioning</b> Functional Zone	19:00 - 20:00 <b>Les Mills Bodypump™</b> Functional Zone		19:30 - 20:30 <b>Indoor Cycling</b>			
	20:00 - 21:00 <b>Indoor Cycling</b>					