

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>19:00 - 20:00 <b>Dance</b> Group Classes Studio   Peggy Detrixhe</p>	<p>10:00 - 10:30 <b>Mobility (SGT)</b> Group Classes Studio   Nicolas De Vos</p>	<p>10:00 - 11:00 <b>Forever Fit (SGT)</b> Group Classes Studio   Senna Bombeek</p>	<p>19:00 - 20:00 <b>GO HYBRID SGT(BE)</b> Senna Bombeek</p>	<p>10:00 - 10:30 <b>Mobility (SGT)</b> Group Classes Studio   Senna Bombeek</p>	<p>10:00 - 11:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Celien Rubbrecht</p>	<p>10:00 - 11:00 <b>Yoga</b></p>
<p>19:00 - 20:00 <b>GO HYBRID SGT(BE)</b> Stefaan De Plus</p>	<p>18:30 - 19:30 <b>Yoga</b> Group Classes Studio   Elke Roessemis</p>	<p>18:00 - 19:00 <b>Boxing</b> Thorsten Cobbaut</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Peggy Detrixhe</p>		<p>13:00 - 14:00 <b>Strength For Women (SGT)</b> Fitness Floor   Thorsten Cobbaut</p>	<p>11:00 - 12:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Celien Rubbrecht</p>
<p>20:00 - 21:00 <b>Les Mills Bodypump™</b> Peggy Detrixhe</p>	<p>19:30 - 20:30 <b>Zumba®</b> Group Classes Studio   Peggy Detrixhe</p>	<p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Stefaan De Plus</p>	<p>20:00 - 21:00 <b>Zumba®</b> Group Classes Studio   Peggy Detrixhe</p>			<p>13:00 - 14:00 <b>Boxing</b> Group Classes Studio   Thorsten Cobbaut</p>
		<p>19:00 - 20:00 <b>Total Body Conditioning</b> Group Classes Studio   Katrien Junius</p>				
		<p>20:00 - 21:00 <b>Les Mills Bodybalance™</b> Group Classes Studio</p>				

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