

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>19:00 - 20:00 Dance Group Classes Studio Peggy Detrixhe</p>	<p>10:00 - 10:30 Mobility (SGT) Group Classes Studio Nicolas De Vos</p>	<p>10:00 - 11:00 Forever Fit (SGT) Group Classes Studio Senna Bombeek</p>	<p>19:00 - 20:00 GO HYBRID SGT(BE) Senna Bombeek</p>	<p>10:00 - 10:30 Mobility (SGT) Group Classes Studio Senna Bombeek</p>	<p>10:00 - 11:00 Les Mills Bodypump™ Group Classes Studio Celien Rubbrecht</p>	<p>10:00 - 11:00 Yoga</p>
<p>19:00 - 20:00 GO HYBRID SGT(BE) Stefaan De Plus</p>	<p>18:30 - 19:30 Yoga Group Classes Studio Elke Roessems</p>	<p>18:00 - 19:00 Boxing Thorsten Cobbaut</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Peggy Detrixhe</p>		<p>13:00 - 14:00 Strength For Women (SGT) Fitness Floor Thorsten Cobbaut</p>	<p>11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Celien Rubbrecht</p>
<p>20:00 - 21:00 Les Mills Bodypump™ Peggy Detrixhe</p>	<p>19:30 - 20:30 Zumba® Group Classes Studio Peggy Detrixhe</p>	<p>19:00 - 20:00 Start To Workout (SGT) Stefaan De Plus</p>	<p>20:00 - 21:00 Zumba® Group Classes Studio Peggy Detrixhe</p>			<p>13:00 - 14:00 Boxing Group Classes Studio Thorsten Cobbaut</p>
		<p>19:00 - 20:00 Total Body Conditioning Group Classes Studio Katrien Junius</p>				
		<p>20:00 - 21:00 Les Mills Bodybalance™ Group Classes Studio</p>				

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