

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>18:00 - 18:45 <b>Go Functional (SGT)</b> Group Classes Studio   Davy Bracke</p>	<p>18:15 - 19:00 <b>Les Mills Pilates™</b> Group Classes Studio   Lien Hubert</p>	<p>09:00 - 10:00 <b>Healthy Back (SGT)</b> Group Classes Studio   Davy Bracke</p>	<p>09:00 - 09:45 <b>Les Mills Pilates™</b> Group Classes Studio   Lien Hubert</p>	<p>08:00 - 09:00 <b>Start To Workout (SGT)</b> Balie   Lien Hubert</p>	<p>09:30 - 10:30 <b>Pilates</b> Group Classes Studio</p>	
<p>19:00 - 20:00 <b>Conditioning (SGT)</b> Group Classes Studio   Davy Bracke</p>	<p>19:00 - 20:00 <b>Burn</b></p>	<p>12:30 - 13:30 <b>Moving Mom (SGT)</b> Balie   Lien Hubert</p>	<p>10:00 - 11:00 <b>Yoga</b> Group Classes Studio   Lien Hubert</p>	<p>18:00 - 19:00 <b>Strength Training (SGT)</b> Balie   Franklin Gabriël</p>	<p>10:30 - 11:30 <b>Strength Training (SGT)</b> Balie   Franklin Gabriël</p>	
<p>19:00 - 20:00 <b>Indoor Cycling</b> Cycling Studio</p>	<p>19:00 - 20:00 <b>Strength For Women (SGT)</b> Balie   Lien Hubert</p>	<p>18:00 - 18:45 <b>Move For Health (SGT)</b> Balie   Lien Hubert</p>	<p>17:00 - 18:00 <b>Conditioning (SGT)</b> Group Classes Studio   Davy Bracke</p>		<p>10:30 - 11:30 <b>Yoga</b> Group Classes Studio</p>	
<p>20:00 - 21:00 <b>Indoor Cycling</b> Magicline 2</p>		<p>19:00 - 20:00 <b>Indoor Cycling</b></p>	<p>18:00 - 19:00 <b>Start To Workout (SGT)</b> Balie   Franklin Gabriël</p>		<p>11:45 - 12:15 <b>Mobility (SGT)</b> Balie   Franklin Gabriël</p>	
<p>20:00 - 21:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Lisa Piraux</p>		<p>19:00 - 20:00 <b>Zumba®</b> Group Classes Studio   Faye Porteman</p>	<p>19:00 - 20:00 <b>Burn</b> Group Classes Studio</p>			
		<p>20:00 - 21:00 <b>BBB</b> Faye Porteman</p>				
		<p>20:00 - 21:00 <b>Indoor Cycling</b></p>				

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<p>19:00 - 20:00 <b>Conditioning (SGT)</b> Group Classes Studio   Davy Bracke</p>	<p>19:00 - 20:00 <b>Boxing</b> Group Classes Studio   Laurent Nulens</p>	<p>12:30 - 13:30 <b>Moving Mom (SGT)</b> Balie   Lien Hubert</p>	<p>18:00 - 19:00 <b>Start To Workout (SGT)</b> Balie   Franklin Gabriël</p>	<p>18:00 - 19:00 <b>Strength Training (SGT)</b> Balie   Franklin Gabriël</p>	<p>10:30 - 11:30 <b>Yoga</b> Group Classes Studio</p>	
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