

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
19:00 - 20:00 <b>Indoor Cycling</b> Cycling Cube   Wim Vandenbroeck	10:00 - 11:00 <b>Pilates</b> Balie   Luna Vandenbergh	10:00 - 11:00 <b>Start To Workout (SGT)</b> Balie   Jessy Baumans, Lieze Mertens	19:00 - 20:00 <b>Les Mills Bodypump™</b> Balie   Ignias Dierckx	09:00 - 10:00 <b>Forever Fit (SGT)</b> Balie   Lieze Mertens	10:00 - 11:00 <b>Indoor Cycling</b> Cycling Cube   Kristien Thijs	
19:00 - 20:00 <b>Pilates</b> Balie   Luna Vandenbergh	19:00 - 20:00 <b>Conditioning (SGT)</b> Balie   Jessy Baumans	18:00 - 19:00 <b>Healthy Back (SGT)</b> Balie   Luna Vandenbergh	20:00 - 21:00 <b>Boxing</b> Balie   Sybe Gybels	19:00 - 19:45 <b>Move For Health (SGT)</b> Balie   Luna Vandenbergh		
	20:00 - 21:00 <b>Les Mills Bodypump™</b> Balie   Ignias Dierckx	19:00 - 20:00 <b>BBB</b> Balie   Jessica Gebruers	20:00 - 21:00 <b>Strength For Women (SGT)</b> Balie   Luna Vandenbergh			
		19:00 - 20:00 <b>Indoor Cycling</b> Cycling Cube   Wim Vandenbroeck				
		20:00 - 21:00 <b>Les Mills Bodybalance™</b> Balie   Jessica Gebruers				

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
19:00 - 20:00 <b>Indoor Cycling</b> Cycling Cube   Wim Vandenbroeck	10:00 - 11:00 <b>Pilates</b> Balie   Luna Vandenbergh	10:00 - 11:00 <b>Start To Workout (SGT)</b> Balie   Lieze Mertens, Jessy Baumans	19:00 - 20:00 <b>Les Mills Bodypump™</b> Balie   Ignias Dierckx	19:00 - 19:45 <b>Move For Health (SGT)</b> Balie   Luna Vandenbergh	10:00 - 11:00 <b>Indoor Cycling</b> Cycling Cube   Kristien Thijs	
19:00 - 20:00 <b>Pilates</b> Balie   Luna Vandenbergh	19:00 - 20:00 <b>Conditioning (SGT)</b> Balie   Jessy Baumans	18:00 - 19:00 <b>Healthy Back (SGT)</b> Balie   Luna Vandenbergh				
	20:00 - 21:00 <b>Les Mills Bodypump™</b> Balie   Ignias Dierckx	19:00 - 20:00 <b>BBB</b> Balie   Jessica Gebruers				
		19:00 - 20:00 <b>Indoor Cycling</b> Cycling Cube   Wim Vandenbroeck				
		20:00 - 21:00 <b>Les Mills Bodybalance™</b> Balie   Jessica Gebruers				