

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>18:30 - 19:30 GO HYBRID SGT(BE) Group Classes Studio Eli Eeckelaert</p>	<p>07:30 - 08:30 Start To Workout (SGT) Fitness Floor Eli Eeckelaert</p>	<p>07:30 - 08:30 Indoor Cycling Group Classes Studio</p>	<p>18:00 - 19:00 GO HYBRID SGT(BE) Outdoors Kyra Van Hove</p>	<p>10:00 - 11:00 Forever Fit (SGT) Group Classes Studio Kyra Van Hove</p>	<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Luc De Bruyne</p>	<p>09:30 - 10:30 Yoga Group Classes Studio</p>
<p>19:30 - 20:30 BBB Group Classes Studio</p>	<p>18:30 - 19:30 Strength Training (SGT) Fitness Floor Agim Beqiri</p>	<p>10:00 - 11:00 PARTYROBICS® CARDIO DANCE (BE) Group Classes Studio Regine Basyn</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Cedric Deceur</p>	<p>18:30 - 19:30 Strength Training (SGT) Fitness Floor Agim Beqiri</p>		<p>13:00 - 14:00 Squat Bench Deadlift (SGT) Fitness Floor Eli Eeckelaert</p>
<p>20:30 - 21:30 Indoor Cycling Group Classes Studio Joeri Tritsmans</p>	<p>19:30 - 20:30 Step</p>	<p>16:00 - 17:00 Strength For Women (SGT) Fitness Floor Eli Eeckelaert</p>	<p>20:00 - 20:30 Core Group Classes Studio Cedric Deceur</p>			
	<p>20:30 - 21:30 POP Pilates® Group Classes Studio</p>	<p>18:30 - 19:30 Weight Health (SGT) Group Classes Studio Eli Eeckelaert</p>				
		<p>20:00 - 21:00 Indoor Cycling Group Classes Studio Joeri Tritsmans</p>				

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