

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>18:30 - 19:30 Pilates Group Classes Studio Jims Temse</p> <p>19:30 - 20:30 BBB Group Classes Studio Jims Temse</p> <p>20:30 - 21:30 Indoor Cycling Group Classes Studio Jims Temse</p>	<p>19:30 - 20:30 Step Group Classes Studio Jims Temse</p> <p>20:30 - 21:30 POP Pilates® Group Classes Studio Jims Temse</p>	<p>10:00 - 11:00 PARTYROBICS® CARDIO DANCE (BE) Group Classes Studio Regine Basyn</p> <p>20:00 - 21:00 Indoor Cycling Group Classes Studio Jims Temse</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Jims Temse</p> <p>20:00 - 20:30 Core Group Classes Studio Jims Temse</p>	<p>10:00 - 11:00 Conditioning (SGT) Group Classes Studio Kyra Van Hove</p> <p>18:30 - 19:30 Strength For Men (SGT) Fitness Floor Agim Beqiri</p>	<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Jims Temse</p>	<p>09:30 - 10:30 Yoga Group Classes Studio Jims Temse</p>

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