

| MAANDAG   | DINSDAG  | WOENSDAG  | DONDERDAG   | VRIJDAG  | ZATERDAG  | ZONDAG  |
|---|--|---|---|--|---|---|
| 19:00 - 20:00<br><b>Boxing</b><br>Group Classes Studio   Jelle Decuyper | 11:00 - 12:00<br><b>BBB</b><br>Group Classes Studio   Faye Porteman    | 10:00 - 11:00<br><b>Go Functional (SGT)</b><br>Cycling Cube   Martina Machajdikova      | 11:00 - 12:00<br><b>BBB</b><br>Group Classes Studio   Faye Porteman                   | 17:00 - 18:00<br><b>Indoor Cycling</b><br>Cycling Cube   Jims Knokke | 09:30 - 10:30<br><b>Yoga</b><br>Group Classes Studio   shauni Bruynseels  | 09:15 - 10:15<br><b>Indoor Cycling</b><br>Cycling Cube   Peter Wille                  |
|   | 19:00 - 20:00<br><b>Bokwa</b><br>Group Classes Studio   Faye Porteman  | 17:30 - 18:30<br><b>Move For Health (SGT)</b><br>Group Classes Studio   Lauren De Meyer | 18:00 - 19:00<br><b>Strength For Women (SGT)</b><br>Fitness Floor   Lauren De Meyer   |  | 10:30 - 11:30<br><b>Dance</b><br>Group Classes Studio   shauni Bruynseels | 10:30 - 11:30<br><b>Les Mills Bodypump™</b><br>Group Classes Studio   Katrien Taccoen |
|   | 19:00 - 20:00<br><b>Indoor Cycling</b><br>Cycling Cube   Peter Wille   | 19:00 - 20:00<br><b>Pilates</b><br>Group Classes Studio   Jims Knokke                   | 19:00 - 20:00<br><b>Les Mills Bodypump™</b><br>Group Classes Studio   Katrien Taccoen |  |   |   |
|   | 20:00 - 21:00<br><b>Zumba®</b><br>Group Classes Studio   Faye Porteman | 20:00 - 21:00<br><b>Yoga</b><br>Group Classes Studio   Jims Knokke                      |   |  |   |   |

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|---|--|--|--|--|--|--|
| <p>10:00 - 11:00<br/><b>Pilates</b><br/>Group Classes Studio   Victoria Van den Langenbergh</p> | <p>10:00 - 11:00<br/><b>Yoga</b><br/>Group Classes Studio   Victoria Van den Langenbergh</p> | <p>10:00 - 11:00<br/><b>Go Functional (SGT)</b><br/>Cycling Cube   Martina Machajdikova</p>      | <p>11:00 - 12:00<br/><b>BBB</b><br/>Group Classes Studio   Faye Porteman</p>                   | <p>10:00 - 11:00<br/><b>Yoga</b><br/>Group Classes Studio   Victoria Van den Langenbergh</p> | <p>09:30 - 10:30<br/><b>Yoga</b><br/>Group Classes Studio   shauni Bruynseels</p>  | <p>10:30 - 11:30<br/><b>Les Mills Bodypump™</b><br/>Group Classes Studio   Katrien Taccoen</p> |
| <p>19:00 - 20:00<br/><b>Boxing</b><br/>Group Classes Studio   Jelle Decuyper</p>                | <p>11:00 - 12:00<br/><b>BBB</b><br/>Group Classes Studio   Faye Porteman</p>                 | <p>17:30 - 18:30<br/><b>Move For Health (SGT)</b><br/>Group Classes Studio   Lauren De Meyer</p> | <p>13:00 - 14:00<br/><b>Strength Training (SGT)</b><br/>Fitness Floor   Jelle Decuyper</p>     | <p>13:00 - 14:00<br/><b>Start To Workout (SGT)</b><br/>Fitness Floor   Lauren De Meyer</p>   | <p>10:30 - 11:30<br/><b>Dance</b><br/>Group Classes Studio   shauni Bruynseels</p> |  |
|   | <p>19:00 - 20:00<br/><b>Bokwa</b><br/>Group Classes Studio   Faye Porteman</p>               | <p>19:00 - 20:00<br/><b>Pilates</b><br/>Group Classes Studio   Jims Knokke</p>                   | <p>18:00 - 19:00<br/><b>Strength For Women (SGT)</b><br/>Fitness Floor   Lauren De Meyer</p>   | <p>17:00 - 18:00<br/><b>Indoor Cycling</b><br/>Cycling Cube   Jims Knokke</p>                |  |  |
|   | <p>19:00 - 20:00<br/><b>Indoor Cycling</b><br/>Cycling Cube   Peter Wille</p>                | <p>20:00 - 21:00<br/><b>Yoga</b><br/>Group Classes Studio   Jims Knokke</p>                      | <p>19:00 - 20:00<br/><b>Les Mills Bodypump™</b><br/>Group Classes Studio   Katrien Taccoen</p> |  |  |  |
|   | <p>20:00 - 21:00<br/><b>Zumba®</b><br/>Group Classes Studio   Faye Porteman</p>              |  |  |  |  |  |