

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>14:00 - 15:00 <b>Pilates</b> Group Classes Studio   Marianne Van Wulpen</p>	<p>08:00 - 08:30 <b>Forever Fit (SGT)</b> Group Classes Studio   Katrina Low</p>	<p>15:30 - 16:30 <b>Start To Workout (SGT)</b> Fitness Floor   Feline Maas</p>	<p>08:30 - 09:30 <b>Pilates</b> Group Classes Studio   Marianne Van Wulpen</p>	<p>18:00 - 19:00 <b>Zumba®</b> Group Classes Studio</p>	<p>09:00 - 10:00 <b>Yoga</b> Group Classes Studio   Jochen Snick</p>	
<p>18:00 - 19:00 <b>Strength For Women (SGT)</b> Group Classes Studio   Katrina Low</p>	<p>17:00 - 18:00 <b>Go Functional (SGT)</b> Group Classes Studio   Mathijs Deros</p>	<p>19:00 - 20:00 <b>Yoga</b> Group Classes Studio   Julie Debrabant</p>	<p>13:30 - 14:30 <b>Yoga</b> Group Classes Studio   Julie Debrabant</p>	<p>19:00 - 20:00 <b>BBB</b> Group Classes Studio</p>	<p>10:30 - 11:30 <b>LES MILLS STRENGTH DEVELOPMENT (BE)</b> Group Classes Studio   Cromwell Cuvalay</p>	
<p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Elias De Caluwe</p>	<p>18:00 - 19:00 <b>Strength For Women (SGT)</b> Fitness Floor   Feline Maas</p>		<p>18:00 - 19:00 <b>Conditioning (SGT)</b> Fitness Floor   Feline Maas</p>			
<p>19:30 - 20:30 <b>Yoga</b> Group Classes Studio   Jochen Snick</p>			<p>20:00 - 21:00 <b>AFRODANCE (BE)</b> Group Classes Studio   Mike Ngoyi ilunga</p>			

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<p>19:30 - 20:30 <b>Vinyasa Yoga</b> Group Classes Studio   Jochen Snick</p>			<p>20:00 - 21:00 <b>AFRODANCE (BE)</b> Group Classes Studio   Mike Ngoyi ilunga</p>			