

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
	09:30 - 10:30 Forever Fit (SGT) Jasmine Tips	09:30 - 10:30 Healthy Back (SGT) Caroline Vandormael	09:30 - 10:30 Forever Fit (SGT) Jasmine Tips	09:30 - 10:30 Strength For Women (SGT) Caroline Vandormael	09:15 - 10:15 Step Mieke Ceelen	09:30 - 10:30 Dance Nsabimana Lenaerts
	10:30 - 11:30 Pilates Caroline Vandormael	10:30 - 11:30 Indoor Cycling Maybel Gielen	10:30 - 11:30 Yoga Silvia Hendriks	10:30 - 11:30 Boxing Jasmine Tips	10:15 - 11:15 Pilates Mieke Ceelen	10:30 - 11:30 Indoor Cycling
	18:30 - 19:30 Step Mieke Ceelen	18:15 - 19:15 Start To Workout (SGT) Jannik Klopfel	18:30 - 19:30 Indoor Cycling Maybel Gielen	19:00 - 20:00 Dance Nsabimana Lenaerts	11:15 - 12:15 Power Ron Vincent Duiker	
	19:30 - 20:30 BBB Ine Ooms	18:30 - 19:30 Step Mieke Ceelen	19:30 - 20:30 Pilates Silvia Hendriks			
		19:30 - 20:30 Power Cinthia Emilia Batista de Verlinden				
		20:30 - 21:30 Yoga Silvia Hendriks				

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
09:30 - 10:30 Mobility (SGT) Caroline Vandormael	09:30 - 10:30 Forever Fit (SGT) Jasmine Tips	09:30 - 10:30 Healthy Back (SGT) Caroline Vandormael	09:30 - 10:30 Forever Fit (SGT) Jasmine Tips	09:30 - 10:30 Strength For Women (SGT) Caroline Vandormael	09:15 - 10:15 Step Mieke Ceelen	09:30 - 10:30 Dance Nsabimana Lenaerts
18:30 - 19:30 Boxing Jasmine Tips	10:30 - 11:30 Pilates Caroline Vandormael	10:30 - 11:30 Indoor Cycling Maybel Gielen	10:30 - 11:30 Yoga Silvia Hendriks	10:30 - 11:30 Boxing Jasmine Tips	10:15 - 11:15 Pilates Silvia Hendriks	10:30 - 11:30 Indoor Cycling Maybel Gielen
19:30 - 20:30 Indoor Cycling Mirjam Kramer	18:30 - 19:30 Step Mieke Ceelen	18:15 - 19:15 Start To Workout (SGT) Jannik Klopfel	18:30 - 19:30 Indoor Cycling	19:00 - 20:00 Dance Nsabimana Lenaerts	11:15 - 12:15 Power Ron Vincent Duiker	
	19:30 - 20:30 BBB Ine Ooms	19:30 - 20:30 Power	19:30 - 20:30 Pilates Silvia Hendriks			
		20:30 - 21:30 Yoga Silvia Hendriks				