

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>09:30 - 10:30 Mobility (SGT) Caroline Vandormael</p>	<p>09:30 - 10:30 Forever Fit (SGT) Jasmine Tips</p>	<p>09:30 - 10:30 Healthy Back (SGT) Caroline Vandormael</p>	<p>09:30 - 10:30 Forever Fit (SGT) Jasmine Tips</p>	<p>09:30 - 10:30 Strength For Women (SGT) Caroline Vandormael</p>	<p>10:15 - 11:15 Pilates Silvia Hendriks</p>	<p>09:30 - 10:30 Dance Nsabimana Lenaerts</p>
<p>18:30 - 19:30 Boxing Jasmine Tips</p>	<p>10:30 - 11:30 Pilates Caroline Vandormael</p>	<p>10:30 - 11:30 Indoor Cycling Maybel Gielen</p>	<p>10:30 - 11:30 Yoga Silvia Hendriks</p>	<p>10:30 - 11:30 Summer bootcamp (SGT) Outdoors Jasmine Tips</p>		<p>10:30 - 11:30 Indoor Cycling</p>
<p>19:30 - 20:30 Indoor Cycling Mirjam Kramer</p>	<p>19:30 - 20:30 BBB Ine Ooms</p>	<p>18:30 - 19:30 Start To Workout (SGT) Jannik Klopfel</p>	<p>19:30 - 20:30 Pilates Silvia Hendriks</p>			
		<p>19:00 - 20:00 Power Tessa Schoeters</p>				
		<p>20:00 - 21:00 Yoga Silvia Hendriks</p>				

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18:30 - 19:30 Boxing Jasmine Tips	10:30 - 11:30 Pilates Caroline Vandormael	10:30 - 11:30 Indoor Cycling Mirjam Kramer	10:30 - 11:30 Yoga Silvia Hendriks		10:15 - 11:15 Pilates Silvia Hendriks	10:30 - 11:30 Indoor Cycling Maybel Gielen
19:30 - 20:30 Indoor Cycling Mirjam Kramer	18:30 - 19:30 Step Mieke Ceelen	18:30 - 19:30 Start To Workout (SGT) Jannik Klopfel	18:30 - 19:30 Squat Bench Deadlift (SGT) Jannik Klopfel		11:15 - 12:15 Power Ron Vincent Duiker	
	19:30 - 20:30 BBB Ine Ooms	19:00 - 20:00 Power Mieke Ceelen	19:30 - 20:30 Pilates Silvia Hendriks			
		20:00 - 21:00 Yoga Silvia Hendriks				