

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Ines Zlailouh</p>	<p>08:00 - 09:00 GO HYBRID SGT(BE) Functional Zone Robbe Devarrewaere</p>	<p>19:00 - 20:00 Indoor Cycling Group Classes Studio Johnny Bauwens</p>	<p>17:30 - 18:30 Strength For Women (SGT) Group Classes Studio Lavinia Van Hoe</p>	<p>09:00 - 10:00 Yoga Group Classes Studio Regine Van Den Bogaerde</p>	<p>10:15 - 11:15 Indoor Cycling Group Classes Studio Elke Cornelis</p>	<p>09:00 - 10:00 Boxing Group Classes Studio Thibo Hellebuyck</p>
<p>19:00 - 20:00 BBB Group Classes Studio Stefanie Van Heule</p>	<p>17:30 - 18:30 GO HYBRID SGT - TYRUN (BE) Functional Zone Lavinia Van Hoe</p>	<p>20:00 - 21:00 Les Mills Bodypump™ Group Classes Studio Johnny Bauwens</p>				<p>10:00 - 11:00 Pilates Group Classes Studio Johnny Bauwens</p>
	<p>18:00 - 19:00 Strength For Women (SGT) Group Classes Studio Ines Zlailouh</p>					<p>11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Johnny Bauwens</p>
	<p>19:00 - 20:00 Indoor Cycling Group Classes Studio Steven Maelfait</p>					
	<p>20:00 - 21:00 SELF DEFENSE (BE) Group Classes Studio Jims Waregem</p>					

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