

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>18:00 - 19:00 Start To Workout (SGT) Fintess Floor Jonas Anguelov</p>	<p>17:00 - 18:00 Healthy Back (SGT) Fintess Floor Kate Van Robbroeck</p>	<p>09:30 - 10:30 Step Group Classes Studio Koen Vercammen</p>	<p>09:30 - 10:30 Les Mills Bodypump™ Group Classes Studio Koen Vercammen</p>	<p>18:00 - 19:00 Strength For Women (SGT) Fintess Floor Kate Van Robbroeck</p>	<p>09:15 - 10:45 Yoga Group Classes Studio Sofia Cankaya</p>	<p>10:00 - 11:00 Les Mills Bodypump™ Group Classes Studio Jims Heist-op-den-berg</p>
<p>18:00 - 19:00 Zumba® Group Classes Studio Kris Martens</p>	<p>18:15 - 19:15 Zumba® Group Classes Studio Kris Martens</p>	<p>10:00 - 11:00 Strength Training (SGT) Fintess Floor Kate Van Robbroeck</p>	<p>18:00 - 19:00 Power Group Classes Studio Kelly De Ruyter</p>		<p>10:45 - 12:15 Yoga Group Classes Studio Sofia Cankaya</p>	
<p>19:00 - 20:00 Total Body Conditioning Group Classes Studio Jims Heist-op-den-berg</p>	<p>19:15 - 20:00 Squat Bench Deadlift (SGT) Fintess Floor Sem Hullak</p>	<p>10:30 - 11:30 BBB Group Classes Studio Koen Vercammen</p>	<p>19:00 - 20:00 Step Group Classes Studio Kelly De ruyter</p>			
	<p>19:30 - 20:30 Boxing Group Classes Studio Arne Goossens</p>	<p>18:00 - 19:00 Healthy Back (SGT) Group Classes Studio Jonas Anguelov</p>				
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