

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>10:00 - 11:00 <b>Total Body Conditioning</b> Group Classes Studio   Olga Moskaluk</p> <p>18:30 - 19:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Jims Boischot</p> <p>19:15 - 20:15 <b>Indoor Cycling</b> Cycling Studio   Kelly De ruyter</p> <p>20:15 - 21:15 <b>Indoor Cycling</b> Group Classes Studio   Jims Boischot</p>	<p>10:00 - 11:00 <b>Strength For Women (SGT)</b> Fitness Floor   Dorine Belmans</p> <p>17:00 - 17:45 <b>Move For Health (SGT)</b> Fitness Floor   Bram Boen</p> <p>18:00 - 19:00 <b>Yoga</b> Group Classes Studio   Olga Moskaluk</p> <p>19:00 - 20:00 <b>Pilates</b> Group Classes Studio   Olga Moskaluk</p> <p>20:00 - 21:00 <b>Step</b>   Kelly De ruyter</p>	<p>10:00 - 11:00 <b>Start To Workout (SGT)</b> Fitness Floor   Jay Peeters</p> <p>18:30 - 19:30 <b>BBB</b> Group Classes Studio   Koen Vercammen</p> <p>19:00 - 20:00 <b>Squat Bench Deadlift (SGT)</b> Fitness Floor   Nick Blockmans</p> <p>19:30 - 20:30 <b>Zumba®</b> Group Classes Studio   Dounia Hautain</p>	<p>09:00 - 10:00 <b>BBB</b> Group Classes Studio   Laetitia Faut</p> <p>10:00 - 11:00 <b>Indoor Cycling</b> Cycling Studio   Laetitia Faut</p> <p>10:00 - 11:00 <b>Pilates</b> Group Classes Studio   Olga Moskaluk</p> <p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Bauke Peeters</p>	<p>10:15 - 11:15 <b>Go Functional (SGT)</b> Group Classes Studio   Bram Boen</p> <p>18:00 - 19:00 <b>Step</b> Group Classes Studio   Koen Vercammen</p> <p>19:00 - 20:00 <b>Indoor Cycling</b> Cycling Studio   Koen Vercammen</p> <p>19:00 - 20:00 <b>Zumba®</b> Group Classes Studio   Dounia Hautain</p>	<p>09:15 - 10:15 <b>Indoor Cycling</b> Cycling Studio   Kelly De ruyter</p> <p>09:30 - 10:30 <b>Flow</b> Group Classes Studio   Olga Moskaluk</p> <p>10:30 - 11:30 <b>Power</b> Group Classes Studio   Kelly De ruyter</p>	<p>09:30 - 10:30 <b>Step</b>   Koen Vercammen</p> <p>10:30 - 11:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Koen Vercammen</p>

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