

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>09:00 - 10:00 <b>Total Body Conditioning</b> Group Classes Studio   Olga Moskaluk</p>	<p>10:15 - 11:15 <b>Strength For Women (SGT)</b> Fitness Floor   Dorine Belmans</p>	<p>09:00 - 10:00 <b>STRETCHING</b> Group Classes Studio   Olga Moskaluk</p>	<p>09:00 - 10:00 <b>Pilates</b> Group Classes Studio   Olga Moskaluk</p>	<p>10:15 - 11:15 <b>Go Functional (SGT)</b> Group Classes Studio   Bram Boen</p>	<p>09:15 - 10:15 <b>Indoor Cycling</b> Cycling Studio   Kelly De ruyter</p>	<p>09:30 - 10:30 <b>Step</b> Group Classes Studio   Koen Vercammen</p>
<p>10:00 - 11:00 <b>Yoga</b> Group Classes Studio   Olga Moskaluk</p>	<p>17:00 - 18:00 <b>Start To Workout (SGT)</b> Fitness Floor   Jay Peeters</p>	<p>10:15 - 11:15 <b>Go Functional (SGT)</b> Group Classes Studio   Bram Boen</p>	<p>10:00 - 11:00 <b>Power Pilates Cube (BE)</b> Group Classes Studio   Olga Moskaluk</p>	<p>18:00 - 19:00 <b>Step</b></p>	<p>09:30 - 10:30 <b>Flow</b> Group Classes Studio   Olga Moskaluk</p>	<p>10:30 - 11:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Koen Vercammen</p>
<p>18:30 - 19:30 <b>Les Mills Bodypump™</b> Koen Vercammen</p>	<p>18:00 - 19:00 <b>Conditioning</b> Group Classes Studio   Bram Boen</p>	<p>18:30 - 19:30 <b>BBB</b> Group Classes Studio   Koen Vercammen</p>	<p>16:00 - 16:45 <b>Move For Health (SGT)</b> Fitness Floor   Bram Boen</p>		<p>10:30 - 11:30 <b>Power</b> Group Classes Studio   Kelly De ruyter</p>	
<p>19:15 - 20:15 <b>Indoor Cycling</b> Cycling Studio   Kelly De ruyter</p>	<p>18:00 - 19:00 <b>FLOW YOGA CUBE (BE)</b> Group Classes Studio   Jims Booischtot</p>	<p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Nick Blockmans</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Bauke Peeters</p>			
<p>20:15 - 21:15 <b>Total Body Conditioning</b> Group Classes Studio   Koen Dierickx</p>	<p>19:00 - 20:00 <b>Yin Yoga</b> Group Classes Studio   Jims Booischtot</p>	<p>19:30 - 20:30 <b>Indoor Cycling</b> Group Classes Studio   Koen Dierickx</p>				
	<p>20:00 - 21:00 <b>Step</b> Group Classes Studio   Kelly De Ruyter</p>	<p>19:30 - 20:30 <b>Zumba®</b> Group Classes Studio   Dounia Hautain</p>				

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<p>10:00 - 11:00 <b>Yoga</b> Group Classes Studio   Olga Moskaluk</p>	<p>18:00 - 19:00 <b>FLOW YOGA CUBE (BE)</b> Group Classes Studio   Saartje Wouters</p>	<p>18:30 - 19:30 <b>BBB</b> Group Classes Studio   Koen Vercammen</p>	<p>10:00 - 11:00 <b>Power Pilates Cube (BE)</b> Group Classes Studio   Olga Moskaluk</p>	<p>19:00 - 20:00 <b>Zumba®</b> Group Classes Studio   Dounia Hautain</p>	<p>09:30 - 10:30 <b>Flow</b> Group Classes Studio   Olga Moskaluk</p>	<p>10:30 - 11:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Koen Vercammen</p>
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