

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>17:00 - 18:00 <b>Healthy Back (SGT)</b> Fintess Floor   Roan Dierick</p>	<p>12:00 - 13:00 <b>Start To Workout (SGT)</b> Fintess Floor   Esmeralda Den heijer</p>	<p>17:00 - 18:00 <b>Go Functional (SGT)</b> Group Classes Studio   Kelvin Van Brabant</p>	<p>09:00 - 10:00 <b>Start To Workout (SGT)</b> Fintess Floor   Janelle Dassen</p>	<p>10:00 - 11:00 <b>Strength Training (SGT)</b> Fintess Floor   Kelvin Van Brabant</p>	<p>09:30 - 10:30 <b>Pilates</b> Group Classes Studio   Elena Ion</p>	<p>10:00 - 11:00 <b>Indoor Cycling</b> Group Classes Studio</p>
<p>19:00 - 19:30 <b>ABDO WOD (BE)</b> Group Classes Studio   Riet Maes</p>	<p>18:30 - 19:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Peter Boelen</p>	<p>18:30 - 19:30 <b>Indoor Cycling</b> Group Classes Studio   Johan Claes</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Peter Boelen</p>		<p>10:00 - 10:30 <b>Mobility (SGT)</b> Fintess Floor   Roan Dierick</p>	<p>10:00 - 11:00 <b>Strength For Women (SGT)</b> Fintess Floor   Esmeralda Den heijer</p>
<p>19:30 - 20:30 <b>BBB</b> Group Classes Studio   Riet Maes</p>	<p>19:30 - 20:30 <b>Indoor Cycling</b> Group Classes Studio   Clara Ruyloft</p>	<p>19:30 - 20:30 <b>Step</b> Group Classes Studio</p>	<p>20:00 - 21:00 <b>Indoor Cycling</b> Group Classes Studio   Johan Claes</p>			<p>11:00 - 12:00 <b>Zumba®</b> Group Classes Studio</p>
<p>20:30 - 21:30 <b>Zumba®</b> Group Classes Studio</p>	<p>20:30 - 21:30 <b>Indoor Cycling</b> Group Classes Studio   Clara Ruyloft</p>	<p>20:30 - 21:30 <b>Pilates</b> Group Classes Studio   Elena Ion</p>				

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<p>20:30 - 21:30 <b>Zumba®</b> Group Classes Studio</p>	<p>19:30 - 20:30 <b>Indoor Cycling</b> Group Classes Studio   Johan Claes</p> <p>20:30 - 21:30 <b>Indoor Cycling</b> Group Classes Studio</p>	<p>20:30 - 21:30 <b>Pilates</b> Group Classes Studio   Elena Ion</p>				