

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>12:00 - 13:00 <b>Start To Workout (SGT)</b> Group Classes Studio   Brigitte Westbroek</p>	<p>09:00 - 09:30 <b>Healthy Back (SGT)</b> Group Classes Studio   Brigitte Westbroek</p>	<p>17:30 - 18:30 <b>Move For Health (SGT)</b> Brigitte Westbroek</p>	<p>09:00 - 10:00 <b>Weight Health (SGT)</b> Group Classes Studio   Brigitte Westbroek</p>		<p>10:00 - 11:00 <b>Zumba®</b> Group Classes Studio   Natalia Fefelova</p>	
<p>14:00 - 15:00 <b>Strength For Women (SGT)</b> Group Classes Studio   Brigitte Westbroek</p>	<p>19:00 - 20:00 <b>Zumba®</b> Group Classes Studio   Natalia Fefelova</p>	<p>19:00 - 20:00 <b>HIIT Boxing</b> Group Classes Studio   Brigitte Westbroek</p>	<p>19:00 - 20:00 <b>Indoor Cycling</b> Group Classes Studio</p>			
<p>17:30 - 18:30 <b>Moving Mom (SGT)</b> Brigitte Westbroek</p>			<p>20:00 - 21:00 <b>Zumba®</b> Group Classes Studio   Natalia Fefelova</p>			

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14:00 - 15:00 <b>Strength For Women (SGT)</b> Group Classes Studio   Brigitte Westbroek	09:00 - 09:30 <b>Healthy Back (SGT)</b> Group Classes Studio   Brigitte Westbroek	09:30 - 10:30 <b>Pilates</b> Group Classes Studio   Thieme Igodt	09:00 - 10:00 <b>Weight Health (SGT)</b> Group Classes Studio   Brigitte Westbroek	09:00 - 10:00 <b>Booty</b> Group Classes Studio   Brigitte Westbroek	10:00 - 11:00 <b>Zumba®</b> Group Classes Studio   Natalia Fefelova	
17:30 - 18:30 <b>Moving Mom (SGT)</b> Brigitte Westbroek	19:00 - 20:00 <b>Zumba®</b> Group Classes Studio   Natalia Fefelova	19:00 - 20:00 <b>HIIT Boxing</b> Group Classes Studio   Brigitte Westbroek	19:00 - 20:00 <b>Indoor Cycling</b> Group Classes Studio			
	20:00 - 21:00 <b>Indoor Cycling</b> Group Classes Studio		20:00 - 21:00 <b>Zumba®</b> Group Classes Studio   Natalia Fefelova			