

| MA, 17 MRT | DI, 18 MRT | WO, 19 MRT | DO, 20 MRT | VR, 21 MRT | ZA, 22 MRT | ZO, 23 MRT |
|---|--|---|------------|------------|--|--|
| <p>18:30 - 19:30 Start To Workout (SGT) Fitness Floor Siebe Duthoy</p> | <p>12:30 - 13:30 Start To Workout (SGT) Fitness Floor JIMS OUDENAARDE</p> | <p>14:00 - 15:00 Start To Workout (SGT) Fitness Floor Kirsten Dekeyser</p> | | | <p>10:00 - 11:00 Zumba® Group Classes Studio JIMS OUDENAARDE</p> | <p>10:00 - 11:00 Yoga Group Classes Studio Shana Stremersch</p> |
| <p>19:30 - 20:30 Crosstraining Functional Zone Siebe Duthoy</p> | <p>18:00 - 19:00 Crosstraining Functional Zone Siebe Duthoy</p> | <p>19:00 - 20:00 Pilates Group Classes Studio Shana Stremersch</p> | | | <p>11:00 - 12:00 Pilates Group Classes Studio JIMS OUDENAARDE</p> | |
| <p>20:00 - 21:00 Yoga Group Classes Studio Shana Stremersch</p> | <p>19:00 - 20:00 Women's Strength Training (SGT) Fitness Floor Siebe Duthoy</p> | <p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor JIMS OUDENAARDE</p> | | | | |
| | <p>20:00 - 21:00 Start To Workout (SGT) Fitness Floor Julot Dhondt</p> | <p>20:00 - 21:00 Dance Group Classes Studio Shana Stremersch</p> | | | | |

| MA, 24 MRT | DI, 25 MRT | WO, 26 MRT | DO, 27 MRT | VR, 28 MRT | ZA, 29 MRT | ZO, 30 MRT |
|---|--|---|------------|------------|--|--|
| <p>18:30 - 19:30 Start To Workout (SGT) Fitness Floor Siebe Duthoy</p> | <p>12:30 - 13:30 Start To Workout (SGT) Fitness Floor JIMS OUDENAARDE</p> | <p>14:00 - 15:00 Start To Workout (SGT) Fitness Floor Kirsten Dekeyser</p> | | | <p>10:00 - 11:00 Zumba® Group Classes Studio JIMS OUDENAARDE</p> | <p>10:00 - 11:00 Yoga Group Classes Studio Shana Stremersch</p> |
| <p>19:30 - 20:30 Crosstraining Functional Zone Siebe Duthoy</p> | <p>18:00 - 19:00 Crosstraining Functional Zone Siebe Duthoy</p> | <p>19:00 - 20:00 Pilates Group Classes Studio Shana Stremersch</p> | | | <p>11:00 - 12:00 Pilates Group Classes Studio JIMS OUDENAARDE</p> | |
| <p>20:00 - 21:00 Yoga Group Classes Studio Shana Stremersch</p> | <p>19:00 - 20:00 Women's Strength Training (SGT) Fitness Floor Siebe Duthoy</p> | <p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor JIMS OUDENAARDE</p> | | | | |
| | <p>20:00 - 21:00 Start To Workout (SGT) Fitness Floor Julot Dhondt</p> | <p>20:00 - 21:00 Dance Group Classes Studio Shana Stremersch</p> | | | | |