

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>18:00 - 19:00 HIIT Boxing Boxing Cube Youssef Bensaoui</p>	<p>17:00 - 18:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Kenedi Mavungu</p>	<p>10:00 - 11:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Erica Rachella</p>	<p>18:00 - 19:00 HIIT Boxing Boxing Cube Youssef Bensaoui</p>		<p>10:00 - 11:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Manon Pinto</p>	
<p>18:00 - 19:00 XCORE ® (BE) Group Classes Studio Marylène Tommaso</p>	<p>18:00 - 19:00 BOXE FRANCAISE (BE) Boxing Cube</p>	<p>16:00 - 17:00 Moving Mom (SGT) Functional Zone Kimberley Halmans</p>	<p>18:00 - 19:00 Power Group Classes Studio Marylène Tommaso</p>		<p>10:00 - 11:00 Mobility (SGT) Functional Zone Fabian Tamagni</p>	
<p>19:00 - 20:00 HIIT Boxing Boxing Cube Youssef Bensaoui</p>	<p>18:00 - 19:00 Power Group Classes Studio Kenedi Mavungu</p>	<p>18:00 - 19:00 BOXING CUBE (BE) Boxing Cube Kenedi Mavungu</p>	<p>19:00 - 20:00 XCORE ® (BE) Group Classes Studio Marylène Tommaso</p>		<p>11:00 - 12:00 Zumba® Group Classes Studio Giusi Giordano</p>	
<p>19:00 - 20:00 Zumba® Group Classes Studio Giusi Giordano</p>	<p>19:00 - 20:00 BOXING CUBE (BE) Boxing Cube Kenedi Mavungu</p>	<p>18:00 - 19:00 Step Group Classes Studio Marylène Tommaso</p>			<p>12:00 - 13:00 SELF DEFENSE (BE) Group Classes Studio Gerson Dossogne</p>	
	<p>19:00 - 20:00 Callisthenics Functional Zone</p>	<p>19:00 - 20:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Marylène Tommaso</p>				
		<p>19:00 - 20:00 KICK CUBE (BE) Boxing Cube Brice Lilot</p>				
		<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Fabian Tamagni</p>				
		<p>20:00 - 21:00 SELF DEFENSE (BE) Group Classes Studio Gerson Dossogne</p>				

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	<p>19:00 - 20:00 Callisthenics Functional Zone</p>	<p>19:00 - 20:00 Cuisses Abdos Fessiers (CAF) Group Classes Studio Marylène Tommaso</p>				
	<p>19:00 - 20:00 Pilates Group Classes Studio Fabian Tamagni</p>	<p>19:00 - 20:00 KICK CUBE (BE) Boxing Cube Brice Lilot</p>				
		<p>20:00 - 21:00 SELF DEFENSE (BE) Group Classes Studio Gerson Dossogne</p>				