

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>10:00 - 11:00 FLOW YOGA CUBE (BE) Group Classes Studio</p>	<p>12:15 - 13:15 COACH BY COLOR® Cycling Cube (BE) Group Classes Studio Roger Schifano</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Louis Gentges</p>	<p>11:00 - 12:00 Yoga Group Classes Studio Louis Gentges</p>	<p>12:15 - 13:15 Icebath Group Classes Studio Amandine Skirole</p>	<p>11:00 - 12:00 COACH BY COLOR® Cycling Cube (BE) Group Classes Studio CLAUDE PATRICK BEKONO ZOA</p>	<p>10:00 - 11:00 Hatha Yoga Group Classes Studio Juliette Marsin</p>
<p>16:00 - 17:00 Start To Workout (SGT) Fitness Floor Maverick Emonts-Pohl</p>	<p>16:00 - 17:00 GO HYBRID SGT(BE) Functional Zone Emmanuel Arickx</p>	<p>12:15 - 13:15 Icebath Group Classes Studio Emmanuel Arickx</p>	<p>12:15 - 13:15 Total Body Conditioning Group Classes Studio Serge Lomami kattako</p>	<p>18:00 - 19:30 EVENT (BE) Group Classes Studio Bonnet Cecile, CLAUDE PATRICK BEKONO ZOA</p>	<p>12:00 - 13:00 Callisthenics Group Classes Studio Tolunay Ulusoy</p>	<p>11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Ronald Gray</p>
<p>17:00 - 18:00 Icebath Group Classes Studio Amandine Skirole</p>	<p>17:00 - 18:00 Mobility Group Classes Studio Romain Lafontaine</p>	<p>16:00 - 17:00 Icebath Group Classes Studio Amandine Skirole</p>	<p>17:00 - 18:00 EVENT (BE) Group Classes Studio Romain Lafontaine</p>			<p>12:00 - 13:00 Booty Group Classes Studio Aline Délincé</p>
<p>18:00 - 20:00 EVENT (BE) Outdoors Serge Lomami kattako, Louis Gentges</p>	<p>18:00 - 19:00 EVENT (BE) Group Classes Studio CLAUDE PATRICK BEKONO ZOA, Serge Lomami kattako</p>	<p>17:00 - 18:00 COACH BY COLOR® Cycling Cube (BE) Group Classes Studio CLAUDE PATRICK BEKONO ZOA</p>	<p>17:00 - 18:00 Pilates Group Classes Studio Romain Lafontaine</p>			
<p>19:00 - 20:00 Squat Bench Deadlift (SGT) Group Classes Studio Maverick Emonts-Pohl</p>	<p>19:00 - 20:00 Callisthenics Functional Zone Davy Petrisot</p>	<p>17:00 - 18:00 Strength Training (SGT) Fitness Floor Maverick Emonts-Pohl</p>	<p>19:00 - 20:00 Callisthenics Functional Zone Tolunay Ulusoy</p>			
	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Claude Conde</p>	<p>18:00 - 19:00 Crosstraining Functional Zone Serge Lomami kattako</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Ronald Gray</p>			
		<p>18:00 - 19:00 Mobility Group Classes Studio Maverick Emonts-Pohl</p>	<p>20:00 - 21:00 Les Mills Bodycombat™ Group Classes Studio Ronald Gray</p>			
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<p>17:00 - 18:00 Icebath Group Classes Studio Amandine Skirole</p>	<p>16:00 - 17:00 Strength For Women (SGT) Fitness Floor William Voets</p>	<p>12:15 - 13:15 Icebath Group Classes Studio Emmanuel Arickx</p>	<p>12:15 - 13:15 Total Body Conditioning Group Classes Studio Serge Lomami kattako</p>	<p>18:00 - 19:00 COACH BY COLOR® Cycling Cube (BE) Group Classes Studio CLAUDE PATRICK BEKONO ZOA</p>	<p>11:00 - 12:00 COACH BY COLOR® Cycling Cube (BE) Group Classes Studio CLAUDE PATRICK BEKONO ZOA</p>	<p>11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Ronald Gray</p>
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<p>19:00 - 20:00 Squat Bench Deadlift (SGT) Group Classes Studio Maverick Emonts-Pohl</p>	<p>18:00 - 19:30 EVENT (BE) Outdoors Julian Bournat</p>	<p>17:00 - 18:00 Strength Training (SGT) Fitness Floor Maverick Emonts-Pohl</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Ronald Gray</p>			
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