

MA, 13 JAN	DI, 14 JAN	WO, 15 JAN	DO, 16 JAN	VR, 17 JAN	ZA, 18 JAN	ZO, 19 JAN
<p>07:30 - 08:15 <b>Core</b> Functional Zone   Guillaume Dussart</p>	<p>07:30 - 08:30 <b>Yoga</b> Group Classes Studio   Maya Alvini</p>	<p>12:15 - 13:00 <b>LES MILLS STRENGTH DEVELOPMENT (BE)</b> Group Classes Studio   Julie Cooremans</p>	<p>12:00 - 13:00 <b>Dance</b> Group Classes Studio   Jims Auderghem</p>	<p>09:00 - 10:00 <b>Yoga</b> Group Classes Studio   Floriana Palmieri</p>	<p>10:30 - 11:15 <b>Core</b> Functional Zone   David Todero</p>	<p>10:00 - 11:00 <b>Burn</b> Group Classes Studio   Julie Cooremans</p>
<p>12:15 - 13:00 <b>Healthy Back (SGT)</b> Functional Zone   Weronika Wisniewska</p>	<p>12:15 - 13:15 <b>Kick</b> Group Classes Studio   Nathalie Berrettoni</p>	<p>18:00 - 19:00 <b>Women's Strength Training (SGT)</b> Functional Zone   Esther Fischbach</p>	<p>12:00 - 13:00 <b>Moving Moms (SGT)</b> Functional Zone   Esther Fischbach</p>	<p>12:15 - 13:15 <b>Pilates</b> Group Classes Studio   Celine Senay</p>	<p>10:30 - 11:30 <b>Yoga</b> Group Classes Studio   Maya Alvini</p>	<p>10:00 - 11:00 <b>Burn</b> Functional Zone   Julie Cooremans</p>
<p>17:00 - 18:00 <b>Pilates</b> Group Classes Studio   Celine Senay</p>	<p>17:15 - 18:00 <b>Burn</b> Functional Zone   Guillaume Dussart</p>	<p>18:00 - 19:00 <b>Yoga</b> Group Classes Studio   Maya Alvini</p>	<p>17:30 - 18:30 <b>Kick</b> Group Classes Studio   Nathalie Berrettoni</p>	<p>18:00 - 18:45 <b>Weight Loss (SGT)</b> Functional Zone   Kévin De Wachter</p>	<p>11:30 - 12:30 <b>Crosstraining</b> Functional Zone   David Todero</p>	<p>11:05 - 12:05 <b>Mobility (SGT)</b> Group Classes Studio   Julie Cooremans</p>
<p>17:00 - 18:00 <b>Start To Workout (SGT)</b> Fitness Floor   Kévin De Wachter</p>	<p>18:00 - 19:00 <b>Animal Flow</b> Group Classes Studio   Stephan Giunta</p>	<p>18:00 - 19:45 <b>Healthy Back (SGT)</b> Functional Zone   Matteo Touilly</p>	<p>18:00 - 18:45 <b>Weight Loss (SGT)</b> Functional Zone   Kévin De Wachter</p>	<p>18:30 - 19:30 <b>Boxing</b> Group Classes Studio   Mohamed Touré</p>	<p>12:15 - 13:15 <b>Yoga</b> Group Classes Studio   Maya Alvini</p>	<p>12:10 - 13:10 <b>Zumba®</b> Group Classes Studio   Aurelie Tuli</p>
<p>18:00 - 19:00 <b>LES MILLS STRENGTH DEVELOPMENT (BE)</b> Group Classes Studio   Jims Auderghem</p>	<p>18:00 - 18:45 <b>Core</b> Functional Zone   Julie Cooremans</p>	<p>19:15 - 20:15 <b>Dance</b> Group Classes Studio   Mouna Assoufi</p>	<p>19:00 - 20:00 <b>Moving Moms (SGT)</b> Functional Zone   Weronika Wisniewska</p>	<p>19:15 - 20:15 <b>Crosstraining</b> Functional Zone   David Todero</p>	<p>11:30 - 12:30 <b>Crosstraining</b> Functional Zone   David Todero</p>	<p>13:15 - 14:15 <b>Boxing</b> Group Classes Studio   Kadima Kabangu</p>
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<p>19:15 - 20:15 <b>Zumba®</b> Group Classes Studio   Aurelie Tuli</p>	<p>19:05 - 20:05 <b>Pilates</b> Group Classes Studio   Aurore Martano</p>	<p>19:05 - 20:05 <b>Pilates</b> Group Classes Studio   Aurore Martano</p>	<p>19:05 - 20:05 <b>Pilates</b> Group Classes Studio   Aurore Martano</p>	<p>19:05 - 20:05 <b>Pilates</b> Group Classes Studio   Aurore Martano</p>	<p>11:30 - 12:30 <b>Crosstraining</b> Functional Zone   David Todero</p>	<p>13:15 - 14:15 <b>Boxing</b> Group Classes Studio   Kadima Kabangu</p>

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