

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>18:00 - 19:00 BBB Group Classes Studio Sophie Morobé</p>	<p>11:30 - 12:30 Strength For Women (SGT) Functional Zone Thorwald Lambrecht</p>	<p>10:30 - 11:30 Sculpt Group Classes Studio Leslie Page</p>	<p>10:30 - 11:30 Yoga Group Classes Studio Leslie Page</p>	<p>18:00 - 19:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Katleen De Temmerman</p>	<p>10:00 - 11:00 BBB Group Classes Studio Faye Porteman</p>	<p>10:30 - 11:30 BOXING CUBE (BE) Boxing Cube Ronny De Groeve</p>
<p>18:00 - 19:00 HIIT Boxing Boxing Cube Quinten Dhaemer Gripe</p>	<p>18:00 - 19:00 GO HYBRID SGT(BE) Functional Zone Bryan Larez</p>	<p>11:30 - 12:30 Pilates Group Classes Studio Leslie Page</p>	<p>11:30 - 12:30 Core Group Classes Studio Leslie Page</p>	<p>18:30 - 19:00 Core Fitness Floor Felien Mestdagh</p>	<p>11:00 - 12:00 Zumba® Group Classes Studio Faye Porteman</p>	<p>11:00 - 12:00 Flow Group Classes Studio Jims Gent Rooigem</p>
<p>18:00 - 19:00 Strength Training (SGT) Functional Zone Felien Mestdagh</p>	<p>18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Elke Blansaer</p>	<p>17:30 - 18:30 Flow Group Classes Studio Annelies Bombeeck</p>	<p>11:30 - 12:30 Strength Training (SGT) Functional Zone Bryan Larez</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Katleen De Temmerman</p>		
<p>19:00 - 20:00 Go Functional (SGT) Functional Zone Thorwald Lambrecht</p>	<p>19:00 - 20:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Pascale Roorda</p>	<p>18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Pascal Rooms</p>	<p>18:00 - 19:00 Crosstraining Functional Zone Thorwald Lambrecht</p>			
<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Daisy Dejonghe</p>	<p>19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio Elke Blansaer</p>	<p>19:00 - 20:00 Strength For Women (SGT) Functional Zone Felien Mestdagh</p>	<p>18:00 - 19:00 HIIT Boxing Boxing Cube Quinten Dhaemer Gripe</p>			
<p>20:00 - 21:00 Core Group Classes Studio Daisy Dejonghe</p>	<p>19:00 - 20:00 Start To Workout (SGT) Functional Zone Jims Gent Rooigem</p>	<p>19:30 - 20:30 BOXING FUNDAMENTALS (BE) Boxing Cube Jordan Amir Malakouti</p>	<p>18:00 - 19:00 Les Mills Bodyattack™ (BE) Group Classes Studio Olivier Ockers</p>			
	<p>20:00 - 21:00 Cardio boxing Boxing Cube Ronny De Groeve</p>	<p>19:30 - 20:30 Les Mills Bodypump™ Group Classes Studio Daisy Dejonghe</p>	<p>19:00 - 20:00 Callisthenics Functional Zone Amir Malakouti</p>			
	<p>20:00 - 21:00 Yoga Group Classes Studio Wilfrieda Paessens</p>		<p>19:00 - 20:00 Zumba® Group Classes Studio Faye Porteman</p>			

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