

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>17:30 - 18:30 Strength For Women (SGT) Functional Zone Timothee Dufrasne</p>	<p>10:00 - 11:00 Yoga Group Classes Studio Benz Pipitkulsri Teerawat</p>	<p>17:30 - 18:30 Boxing Group Classes Studio François-Guillaume Nihoul</p>	<p>17:30 - 18:30 Pilates Group Classes Studio Sébastien Renier</p>	<p>09:30 - 10:30 Yoga Group Classes Studio Laura Mann</p>	<p>10:00 - 11:00 Mobility (SGT) Group Classes Studio Antoine Désirant</p>	<p>10:00 - 11:00 Mobility (SGT) Group Classes Studio Sébastien Renier</p>
<p>18:30 - 19:30 FTP Test Group Classes Studio Bruno Slegers</p>	<p>11:00 - 12:00 Pilates Group Classes Studio Benz Pipitkulsri Teerawat</p>	<p>18:30 - 19:30 COACH BY COLOR® Cycling (BE) Group Classes Studio Sébastien Renier</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Nicolas Havet</p>	<p>10:30 - 11:15 Core Group Classes Studio Laura Mann</p>	<p>11:00 - 12:00 Boxing Group Classes Studio François-Guillaume Nihoul</p>	<p>11:00 - 12:00 Dance Group Classes Studio Samantha Cambier</p>
<p>19:30 - 20:30 Crosstraining Functional Zone Timothee Dufrasne</p>	<p>12:00 - 13:00 Go Functional (SGT) Functional Zone Sébastien Renier</p>	<p>19:30 - 20:30 Hybrid X Functional Zone Sébastien Renier</p>	<p>18:30 - 19:30 Start To Workout (SGT) Functional Zone Sébastien Renier</p>	<p>17:30 - 18:30 Hybrid X Functional Zone Martin Aggujaro</p>	<p>17:30 - 18:30 Hybrid X Functional Zone Martin Aggujaro</p>	<p>11:00 - 12:00 Go Functional (SGT) Functional Zone Sébastien Renier</p>
<p>19:30 - 20:30 PARTYROBICS® CARDIO DANCE (BE) Group Classes Studio Lucie Coppens</p>	<p>17:30 - 18:30 Conditioning (SGT) Functional Zone Bruno Slegers</p>		<p>19:30 - 20:30 Mobility (SGT) Group Classes Studio Nicolas Havet</p>	<p>18:30 - 19:30 Boxing Group Classes Studio Martin Aggujaro</p>		
	<p>18:30 - 19:30 GO HYBRID SGT(BE) Functional Zone Margot Maloteau</p>					
	<p>18:30 - 19:30 Step Group Classes Studio Emmanuel N'kosi Zinga</p>					
	<p>19:30 - 20:30 AFRODANCE (BE) Group Classes Studio Emmanuel N'kosi Zinga</p>					

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