

MAANDAG

DINSDAG

WOENSDAG

DONDERDAG

VRIJDAG

ZATERDAG

ZONDAG

17:15 - 18:15

Zumba®

Outdoors | Sylvie Wattier

17:15 - 18:15

Crosstraining

Outdoors | Liam Finet

18:15 - 19:15

Les Mills Bodyattack™

Outdoors | Gary Moreels

18:15 - 19:15

**Cuisses Abdos Fessiers
(CAF)**

Outdoors | Marie André

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
17:15 - 18:15 Zumba® Outdoors Sylvie Wattier	17:15 - 18:15 Crosstraining Outdoors Liam Finet	17:15 - 18:15 Cuisses Abdos Fessiers (CAF) Outdoors Marie André	17:15 - 18:00 Les Mills Shapes™ Outdoors Gary Moreels	17:15 - 18:15 Crosstraining Outdoors Gary Moreels		
18:15 - 19:15 Les Mills Bodyattack™ Outdoors Gary Moreels	18:15 - 19:15 Cuisses Abdos Fessiers (CAF) Outdoors Marie André	18:15 - 19:15 Pilates Outdoors Dhavindra LATCHIMY	18:15 - 19:15 Les Mills Bodyattack™ Outdoors Gary Moreels	18:15 - 19:15 Yoga Outdoors Polina Tretiakova		