

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>09:30 - 10:00 Core Functional Zone Victor Zawadowski</p>	<p>09:30 - 10:00 Core Functional Zone Thomas Van Boxmeer</p>	<p>09:30 - 10:00 Core Functional Zone Thomas Van Boxmeer</p>	<p>09:30 - 10:00 Core Functional Zone Olivier Brel</p>	<p>09:30 - 10:00 Core Functional Zone Victor Zawadowski</p>	<p>11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Laurence Verbeelen</p>	<p>11:00 - 12:00 BOXING CUBE (BE) Boxing Cube Kiki François</p>
<p>13:00 - 14:00 Strength For Women (SGT) Fitness Floor Olivier Brel</p>	<p>18:00 - 19:00 TAF Group Classes Studio Said Bah</p>	<p>13:00 - 14:00 Start To Workout (SGT) Fitness Floor Olivier Brel</p>	<p>18:00 - 19:00 Crosstraining Group Classes Studio Said Bah</p>	<p>18:00 - 19:00 BRN®</p>	<p>12:00 - 13:00 Les Mills Bodyattack™ Group Classes Studio Laurence Verbeelen</p>	<p>11:00 - 12:00 UBOUND® Group Classes Studio Marie-sophie Rousseau</p>
<p>17:00 - 18:00 Women Boxing Boxing Cube Hafed Houli</p>	<p>19:00 - 20:00 Crosstraining Functional Zone Laurence Verbeelen</p>	<p>18:00 - 19:00 BOXING CUBE (BE) Boxing Cube Thomas ASVESTARIS</p>	<p>18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Abdessamad Ghouti</p>	<p>18:00 - 19:00 Kickboxing Boxing Cube</p>		<p>12:00 - 13:00 Crosstraining Functional Zone Laurence Verbeelen</p>
<p>18:00 - 19:00 Les Mills Bodyattack™ Group Classes Studio Laurence Verbeelen</p>	<p>19:00 - 20:00 Mobility Group Classes Studio Victor Zawadowski</p>	<p>18:00 - 19:00 Kickboxing</p>	<p>19:00 - 20:00 Conditioning (SGT) Functional Zone Thomas Van Boxmeer</p>	<p>19:00 - 20:00 Yoga Amandine Verraghenne</p>		
<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Thomas Van Boxmeer</p>	<p>20:00 - 21:00 BRN® Fitness Floor Laurence Verbeelen</p>	<p>18:00 - 19:00 Squat Bench Deadlift (SGT) Said Bah</p>	<p>19:00 - 20:00 Cuisses Abdos Fessiers (CAF) Abdessamad Ghouti</p>			
<p>19:00 - 20:00 BOXING CUBE (BE) Boxing Cube Hafed Houli</p>	<p>20:00 - 21:00 Women Boxing Boxing Cube Hafed Houli</p>	<p>19:00 - 20:00 HIIT Boxing Boxing Cube Thomas ASVESTARIS</p>	<p>20:00 - 21:00 Pilates Goffrey Menamamatia</p>			
<p>19:00 - 20:00 Go Functional (SGT) Fitness Floor Thomas Van Boxmeer</p>		<p>19:00 - 20:00 Healthy Back (SGT) Fitness Floor Victor Zawadowski</p>				
<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Laurence Verbeelen</p>		<p>19:00 - 20:00 UBOUND® Group Classes Studio Ana Silveiro</p>				
<p>20:00 - 21:00 BOXING CUBE (BE) Boxing Cube Hafed Houli</p>						
<p>20:00 - 21:00 Yoga Group Classes Studio Kenia Bento dos reis</p>						

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	09:30 - 10:00 Core Functional Zone Olivier Brel	11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Laurence Verbeelen	11:00 - 12:00 BOXING CUBE (BE) Boxing Cube Kiki François
13:00 - 14:00 Strength For Women (SGT) Fitness Floor Olivier Brel	18:00 - 19:00 TAF Group Classes Studio Said Bah	13:00 - 14:00 Start To Workout (SGT) Fitness Floor Olivier Brel	18:00 - 19:00 Crosstraining Group Classes Studio Said Bah	18:00 - 19:00 BRN®	12:00 - 13:00 Les Mills Bodyattack™ Group Classes Studio Laurence Verbeelen	11:00 - 12:00 UBOUND® Group Classes Studio Marie-sophie Rousseau
17:00 - 18:00 Women Boxing Boxing Cube Hafed Houli	19:00 - 20:00 Crosstraining Functional Zone Laurence Verbeelen	18:00 - 19:00 BOXING CUBE (BE) Boxing Cube Thomas ASVESTARIS	18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Abdessamad Ghouti	18:00 - 19:00 Kickboxing Boxing Cube		12:00 - 13:00 Crosstraining Functional Zone Laurence Verbeelen
18:00 - 19:00 Les Mills Bodyattack™ Group Classes Studio Laurence Verbeelen	19:00 - 20:00 Mobility Group Classes Studio Victor Zawadowski	18:00 - 19:00 Kickboxing	19:00 - 20:00 Conditioning (SGT) Functional Zone Thomas Van Boxmeer	19:00 - 20:00 Yoga Amandine Verraghenne		
18:00 - 19:00 Start To Workout (SGT) Fitness Floor Victor Zawadowski	20:00 - 21:00 BRN® Fitness Floor Laurence Verbeelen	18:00 - 19:00 Squat Bench Deadlift (SGT) Said Bah	19:00 - 20:00 Cuisses Abdos Fessiers (CAF) Abdessamad Ghouti			
19:00 - 20:00 BOXING CUBE (BE) Boxing Cube Hafed Houli	20:00 - 21:00 Women Boxing Boxing Cube Hafed Houli	19:00 - 20:00 HIIT Boxing Boxing Cube Thomas ASVESTARIS	20:00 - 21:00 Pilates Goffrey Menamamatia			
19:00 - 20:00 Go Functional (SGT) Fitness Floor Thomas Van Boxmeer		19:00 - 20:00 Healthy Back (SGT) Fitness Floor Victor Zawadowski				
19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Laurence Verbeelen		19:00 - 20:00 UBOUND® Group Classes Studio Ana Silveiro				
20:00 - 21:00 BOXING CUBE (BE) Boxing Cube Hafed Houli						
20:00 - 21:00 Yoga Group Classes Studio Goffrey Menamamatia						