

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>12:30 - 13:30 Yoga Emmanuelle Perrichon</p> <p>17:30 - 18:30 Boxing Group Classes Studio Kadima Kabangu</p> <p style="background-color: #e67e22; color: white; padding: 2px;">18:00 - 19:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Wael El Khansa</p> <p>18:00 - 19:00 Strength For Women (SGT) Fitness Floor Jims Jourdan</p> <p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Han Long</p> <p>19:00 - 20:00 Go Functional (SGT) Fitness Floor Jims Jourdan</p> <p>19:30 - 20:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils</p> <p>20:30 - 21:30 Yoga Group Classes Studio Floriana Palmieri</p>	<p>12:30 - 13:30 Hybrid X Functional Zone David Todero</p> <p>17:30 - 18:30 Yoga Group Classes Studio Emmanuelle Perrichon</p> <p style="background-color: #e67e22; color: white; padding: 2px;">18:00 - 19:00 Conditioning (SGT) Fitness Floor Jims Jourdan</p> <p style="background-color: #e67e22; color: white; padding: 2px;">18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Lola Coste</p> <p>18:30 - 19:30 Sculpt Group Classes Studio Delphine Debuissou</p> <p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Jims Jourdan</p> <p>19:30 - 20:30 Zumba® Group Classes Studio Kalista Dupan</p> <p style="background-color: #e67e22; color: white; padding: 2px;">20:30 - 21:30 Mobility Group Classes Studio Gaetan Boulanger</p>	<p>07:30 - 08:30 Pilates Group Classes Studio Nancy Henry</p> <p>12:30 - 13:30 Crosstraining Functional Zone Benjamin Bresseleers</p> <p>17:30 - 18:30 Sculpt Group Classes Studio Benjamin Bresseleers</p> <p>18:00 - 19:00 Strength For Women (SGT) Fitness Floor Jims Jourdan</p> <p style="background-color: #e67e22; color: white; padding: 2px;">18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Stella Benfatto</p> <p>18:30 - 19:30 Jims Jump Group Classes Studio Marie-sophie Rousseau</p> <p>19:30 - 20:30 Crosstraining Functional Zone Antoni Mammarella</p> <p>19:30 - 20:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils</p> <p>20:30 - 21:30 Boxing Group Classes Studio Kadima Kabangu</p>	<p style="background-color: #e67e22; color: white; padding: 2px;">07:30 - 08:15 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Bernard Passchier</p> <p>17:30 - 18:30 Zumba® Group Classes Studio Maria gioia Gowar</p> <p>18:00 - 18:30 Start To Workout (SGT)</p> <p style="background-color: #e67e22; color: white; padding: 2px;">18:15 - 19:15 COACH BY COLOR® Cycling Cube (BE) Cycling Studio Stephane Albi</p> <p>18:30 - 19:30 Crosstraining Functional Zone Antoni Mammarella</p> <p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Amrani Wafaa</p> <p>18:30 - 19:00 Strength For Women (SGT)</p> <p>19:00 - 20:00 Healthy Back (SGT) Fitness Floor Jims Jourdan</p> <p>19:30 - 20:30 TAF Group Classes Studio Amrani Wafaa</p>	<p>07:30 - 08:30 Pilates Group Classes Studio Nancy Henry</p> <p>12:30 - 13:30 Crosstraining Functional Zone Han Long</p> <p>17:30 - 18:30 Les Mills Bodypump™ Group Classes Studio Jims Jourdan</p> <p style="background-color: #e67e22; color: white; padding: 2px;">18:30 - 19:30 Squat Bench Deadlift (SGT) Fitness Floor Victor Alibert</p> <p>18:30 - 19:30 Yoga Group Classes Studio Emmanuelle Perrichon</p>	<p style="background-color: #e67e22; color: white; padding: 2px;">10:00 - 11:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Vanda cristina Serralheiro custodio</p> <p>10:00 - 11:00 Pilates Group Classes Studio</p> <p>11:00 - 12:00 Crosstraining Functional Zone Han Long</p> <p>11:30 - 12:30 Zumba® Group Classes Studio Jone Aldalur Gandiaga</p> <p>12:30 - 13:30 Les Mills Bodypump™ Group Classes Studio Yannick Gozo</p> <p>13:30 - 14:30 Core Group Classes Studio Antoni Mammarella</p>	<p>10:00 - 11:00 Boxing Group Classes Studio Kadima Kabangu</p> <p>11:30 - 12:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils</p> <p>13:00 - 14:00 Jims Jump Jims Jourdan</p>

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>10:00 - 11:00 Yoga Emmanuelle Perrichon</p>	<p>12:30 - 13:30 Hybrid X Functional Zone David Todero</p>	<p>12:30 - 13:30 Crosstraining Functional Zone Benjamin Bresseleers</p>	<p>07:30 - 08:15 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Bernard Passchier</p>	<p>07:30 - 08:30 Pilates Group Classes Studio Nancy Henry</p>	<p>10:00 - 11:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Vanda cristina Serralheiro custodio</p>	<p>10:00 - 11:00 Boxing Group Classes Studio Kadima Kabangu</p>
<p>11:00 - 12:00 Pilates Group Classes Studio Nancy Henry</p>	<p>17:30 - 18:30 Yoga Group Classes Studio Emmanuelle Perrichon</p>	<p>17:30 - 18:30 Sculpt Group Classes Studio Benjamin Bresseleers</p>	<p>17:30 - 18:30 Zumba® Group Classes Studio Maria gioia Gowar</p>	<p>12:30 - 13:30 Crosstraining Functional Zone Han Long</p>	<p>10:00 - 11:00 Pilates Group Classes Studio</p>	<p>11:30 - 12:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils</p>
<p>12:00 - 13:00 Les Mills Bodypump™ Group Classes Studio Han Long</p>	<p>18:00 - 19:00 Conditioning (SGT) Fitness Floor Jims Jourdan</p>	<p>18:00 - 19:00 Strength For Women (SGT) Fitness Floor Jims Jourdan</p>	<p>18:15 - 19:15 COACH BY COLOR® Cycling Cube (BE) Cycling Studio Stephane Albi</p>	<p>17:30 - 18:30 Les Mills Bodypump™ Group Classes Studio Jims Jourdan</p>	<p>11:00 - 12:00 Crosstraining Functional Zone Han Long</p>	<p>13:00 - 14:00 Jims Jump Jims Jourdan</p>
	<p>18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Lola Coste</p>	<p>18:30 - 19:30 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Stella Benfatto</p>	<p>18:30 - 19:30 Crosstraining Functional Zone Antoni Mammarella</p>	<p>18:30 - 19:30 Squat Bench Deadlift (SGT) Fitness Floor Victor Alibert</p>	<p>11:30 - 12:30 Zumba® Group Classes Studio Jone Aldalur Gandiaga</p>	
	<p>18:30 - 19:30 Sculpt Group Classes Studio Delphine Debuison</p>	<p>18:30 - 19:30 Jims Jump Group Classes Studio Marie-sophie Rousseau</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Amrani Wafaa</p>	<p>18:30 - 19:30 Yoga Group Classes Studio Emmanuelle Perrichon</p>	<p>12:30 - 13:30 Les Mills Bodypump™ Group Classes Studio Yannick Gozo</p>	
	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Jims Jourdan</p>	<p>19:30 - 20:30 Crosstraining Functional Zone Antoni Mammarella</p>	<p>19:00 - 20:00 Healthy Back (SGT) Fitness Floor Jims Jourdan</p>		<p>13:30 - 14:30 Core Group Classes Studio Antoni Mammarella</p>	
	<p>19:30 - 20:30 Zumba® Group Classes Studio Kalista Dupan</p>	<p>19:30 - 20:30 Les Mills Bodyattack™ Group Classes Studio Lester Monfils</p>	<p>19:30 - 20:30 TAF Group Classes Studio Amrani Wafaa</p>			
	<p>20:30 - 21:30 Mobility Group Classes Studio Gaetan Boulanger</p>	<p>20:30 - 21:30 Boxing Group Classes Studio Kadima Kabangu</p>				