

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>09:30 - 10:30 <b>Sculpt</b> Group Classes Studio   Cindy Passarella</p>	<p>09:30 - 10:30 <b>Core</b> Group Classes Studio   Stephan Giunta</p>	<p>10:00 - 11:00 <b>Pilates</b> Group Classes Studio   Anne-Michele Franken</p>	<p>10:00 - 11:00 <b>Sculpt</b> Group Classes Studio   Tshilo K</p>	<p>10:00 - 11:00 <b>TAF</b> Group Classes Studio   Jims Evere</p>	<p>10:30 - 11:30 <b>Boxing</b> Group Classes Studio   Gerald Vata</p>	<p>10:00 - 11:00 <b>TAF</b> Group Classes Studio   Anne-Michele Franken</p>
<p>10:30 - 11:30 <b>Mobility</b> Group Classes Studio   Cindy Passarella</p>	<p>11:00 - 12:00 <b>Strength For Women (SGT)</b> Fitness Floor   Maxime Arena</p>	<p>11:00 - 12:00 <b>Healthy Back (SGT)</b> Fitness Floor   Maxime Arena</p>	<p>10:00 - 11:00 <b>Start To Workout (SGT)</b> Fitness Floor   Alain Tokou</p>	<p>18:00 - 19:00 <b>Start To Workout (SGT)</b> Fitness Floor   Maxime Arena</p>	<p>11:30 - 12:30 <b>Weight Health (SGT)</b> Fitness Floor   Ylias Ben Amar</p>	<p>10:30 - 11:30 <b>Crosstraining</b> Functional Zone   Alain Tokou</p>
<p>11:00 - 12:00 <b>Start To Workout (SGT)</b> Fitness Floor   Maxime Arena</p>	<p>18:00 - 19:00 <b>Crosstraining</b> Functional Zone   Alain Tokou</p>	<p>18:00 - 19:00 <b>Boxing</b> Group Classes Studio   Jims Evere</p>	<p>11:00 - 12:00 <b>Squat Bench Deadlift (SGT)</b> Fitness Floor   Alain Tokou</p>	<p>18:00 - 19:00 <b>Yoga</b> Body &amp; Mind Cube   Jims Evere</p>		<p>11:00 - 12:00 <b>Pilates</b> Group Classes Studio   Anne-Michele Franken</p>
<p>18:00 - 19:00 <b>Yoga</b> Group Classes Studio   Karthik Krishnapura Venkateshan</p>	<p>18:00 - 19:00 <b>Sculpt</b> Group Classes Studio   Tshilo K</p>	<p>18:00 - 19:00 <b>Weight Health (SGT)</b> Ylias Ben Amar</p>	<p>18:00 - 19:00 <b>Strength For Women (SGT)</b></p>			<p>12:00 - 13:00 <b>Pilates</b> Group Classes Studio   Anne-Michele Franken</p>
<p>18:30 - 19:30 <b>Healthy Back (SGT)</b> Fitness Floor   Ylias Ben Amar</p>	<p>19:00 - 20:00 <b>Pilates</b> Group Classes Studio   Anne-Michele Franken</p>	<p>18:00 - 19:00 <b>Yoga</b> Group Classes Studio   Karthik Krishnapura Venkateshan</p>	<p>18:30 - 19:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Jims Evere</p>			
<p>18:30 - 19:30 <b>Les Mills Bodypump™</b> Khalid Bouazza</p>		<p>19:00 - 20:00 <b>Dance</b> Group Classes Studio   Sarah Biteau</p>	<p>19:30 - 20:00 <b>Booty</b> Group Classes Studio   Jims Evere</p>			
<p>19:30 - 20:30 <b>Les Mills Bodycombat™</b> Group Classes Studio   Khalid Bouazza</p>						

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