

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>12:30 - 13:30 Yoga Body & Mind Cube Sylvianne Dekens</p>	<p>10:30 - 11:30 Pilates Body & Mind Cube Thierry Amirat</p>	<p>09:30 - 10:30 Sculpt Group Classes Studio Benjamin Gesnot</p>	<p>10:30 - 11:30 Pilates Body & Mind Cube Thierry Amirat</p>	<p>09:30 - 10:30 Pilates Body & Mind Cube Benjamin Gesnot</p>	<p>10:00 - 11:00 Crosstraining Functional Zone Elodie Mauquoi</p>	<p>11:00 - 12:00 Les Mills Core™ Group Classes Studio Thierry Amirat</p>
<p>17:00 - 18:00 Dance Group Classes Studio Vanessa Nellessen</p>	<p>12:15 - 13:00 Crosstraining Functional Zone Thierry Amirat</p>	<p>10:30 - 11:30 Yin Yoga Body & Mind Cube Sylvianne Dekens</p>	<p>12:10 - 13:10 Crosstraining Functional Zone Thierry Amirat</p>	<p>10:30 - 11:30 Vinyasa Yoga Body & Mind Cube Sylvianne Dekens</p>	<p>10:00 - 11:00 Les Mills Bodypump™ Group Classes Studio Babak Godazandeh</p>	<p>12:00 - 13:00 Kick Group Classes Studio Rosa Chamochumbi</p>
<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Tom Kawende Dupya</p>	<p>18:00 - 19:00 Hybrid X David Todero</p>	<p>12:00 - 13:00 Icebath Body & Mind Cube Jims Jette</p>	<p>12:30 - 13:30 Mobility (SGT) Functional Zone Jims Jette</p>	<p>11:30 - 12:30 Breathwork Body & Mind Cube Sylvianne Dekens</p>	<p>11:00 - 12:00 Les Mills Bodyattack™ Group Classes Studio Thierry Amirat</p>	<p>13:15 - 14:15 Yoga Body & Mind Cube Praxe Moreno</p>
<p>18:00 - 19:00 Zumba® Group Classes Studio Vanessa Nellessen</p>	<p>18:00 - 19:00 Sculpt Audrey Michiels</p>	<p>17:00 - 18:00 Core Group Classes Studio Thierry Amirat</p>	<p>18:00 - 19:00 Les Mills Core™ Group Classes Studio Thierry Amirat</p>	<p>17:00 - 18:00 TAF Group Classes Studio David Todero</p>	<p>12:00 - 13:00 Zumba® Group Classes Studio Vanessa Nellessen</p>	
<p>18:30 - 19:30 Crosstraining Functional Zone Elodie Mauquoi</p>	<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Tom Kawende Dupya</p>	<p>18:00 - 19:00 Go Functional (SGT) Fitness Floor Tom Kawende Dupya</p>	<p>18:30 - 19:30 Hybrid X Functional Zone Elodie Mauquoi</p>	<p>18:00 - 19:00 Crosstraining Functional Zone David Todero</p>	<p>13:00 - 14:00 Pilates Group Classes Studio Thierry Amirat</p>	
<p>18:45 - 19:45 Vinyasa Yoga Body & Mind Cube Sylvianne Dekens</p>	<p>18:00 - 19:00 Yin Yoga Body & Mind Cube Sylvianne Dekens</p>	<p>18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Thierry Amirat</p>	<p>19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio Thierry Amirat</p>	<p>18:00 - 19:00 Zumba® Group Classes Studio Jims Jette</p>	<p>14:00 - 15:00 Pilates Group Classes Studio Thierry Amirat</p>	
<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Thierry Amirat</p>	<p>19:00 - 19:45 ABDO WOD (BE) Body & Mind Cube David Todero</p>	<p>18:30 - 19:30 Crosstraining Functional Zone Elodie Mauquoi</p>				
<p>19:00 - 20:00 Strength For Women (SGT) Fitness Floor Maria Martins</p>	<p>19:00 - 20:00 Flow Group Classes Studio Audrey Michiels</p>	<p>19:00 - 20:00 Power Cardio Group Classes Studio Thierry Amirat</p>				
	<p>19:00 - 20:00 Strength For Women (SGT) Fitness Floor Maria Martins</p>					

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