

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>19:30 - 20:00 <b>Burn</b> Delphine Maudens</p>	<p>19:00 - 19:45 <b>Move For Health (SGT)</b> Nele De Clerck</p>	<p>14:00 - 15:00 <b>Start To Workout (SGT)</b> Fitness Floor   Maarten Kesteleyn</p>	<p>16:45 - 17:15 <b>Mobility (SGT)</b> Functional Zone   Maarten Kesteleyn</p>	<p>17:00 - 18:00 <b>Healthy Back (SGT)</b> Functional Zone   Maarten Kesteleyn</p>	<p>09:30 - 10:15 <b>STRONG Nation®</b></p>	<p>10:00 - 11:00 <b>Indoor Cycling</b> Group Classes Studio   Peter Capelleman</p>
<p>20:15 - 21:15 <b>BBB</b> Group Classes Studio   Delphine Maudens</p>	<p>19:00 - 20:00 <b>Muay Thai</b> Group Classes Studio</p>	<p>18:15 - 19:15 <b>Yoga</b></p>	<p>18:45 - 19:45 <b>Pilates</b> Group Classes Studio   Maarten Kesteleyn</p>	<p>18:30 - 19:30 <b>Pilates</b> Group Classes Studio   Maarten Kesteleyn</p>	<p>10:15 - 11:15 <b>Jims Jump</b> Group Classes Studio</p>	
	<p>20:00 - 21:00 <b>Crosstraining</b> Functional Zone   Indira Sachem</p>		<p>19:00 - 20:00 <b>Crosstraining</b> Functional Zone</p>			
			<p>20:00 - 21:00 <b>Indoor Cycling</b> Group Classes Studio   Maarten Kesteleyn</p>			

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<p>18:00 - 19:00 <b>Strength For Women (SGT)</b></p> <p>19:15 - 20:00 <b>Move For Health (SGT)</b> Nele De Clerck</p> <p>19:30 - 20:00 <b>Burn</b> Delphine Maudens</p> <p>20:15 - 21:15 <b>BBB</b> Group Classes Studio   Delphine Maudens</p>	<p>19:00 - 20:00 <b>Muay Thai</b> Group Classes Studio</p> <p>20:00 - 21:00 <b>Crosstraining</b> Functional Zone   Indira Sachem</p>	<p>14:00 - 15:00 <b>Start To Workout (SGT)</b> Fitness Floor   Maarten Kesteleyn</p> <p>18:15 - 19:15 <b>Yoga</b></p>			<p>09:30 - 10:15 <b>STRONG Nation®</b></p> <p>10:15 - 11:15 <b>Jims Jump</b> Group Classes Studio</p>	<p>10:00 - 11:00 <b>Indoor Cycling</b> Group Classes Studio   Peter Capelleman</p> <p>11:15 - 12:15 <b>Yoga</b> Group Classes Studio   Shana Stremersch</p>