

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>18:00 - 19:00 Sculpt Group Classes Studio Emeni Bader</p>	<p>11:00 - 12:00 Mobility (SGT) Group Classes Studio Michelle Elsen</p>	<p>18:30 - 19:30 Yoga Group Classes Studio Judith De Mulder</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Gaetane Callens</p>	<p>18:00 - 19:00 Animal Flow Group Classes Studio Yasin Karadag</p>	<p>10:00 - 11:00 BBB Group Classes Studio Daisy Dejonghe</p>	<p>09:45 - 10:45 Les Mills Bodypump™ Group Classes Studio An De Decker</p>
<p>18:00 - 19:00 Start To Workout (SGT) Functional Zone Dylan Paul</p>	<p>12:00 - 13:00 Pilates Group Classes Studio Michelle Elsen</p>	<p>19:00 - 20:00 HYROX Functional Zone Jules De Jonghe</p>	<p>18:00 - 19:00 Pilates Elise Coeckelberghs</p>	<p>19:30 - 20:30 Cardio Boxing Group Classes Studio Ronny De Groeve</p>	<p>11:00 - 12:00 Les Mills RPM™ Cycling Cube Daisy Dejonghe</p>	<p>10:00 - 11:00 HYROX Functional Zone Yasin Karadag</p>
<p>19:00 - 20:00 BBB Group Classes Studio Emeni Bader</p>	<p>18:00 - 19:00 Strength Training (SGT) Functional Zone Niels Vermeiren</p>	<p>19:30 - 20:30 Core Group Classes Studio Gaetane Callens</p>	<p>19:00 - 20:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube Katleen De Temmerman</p>			<p>11:00 - 12:00 COACH BY COLOR® Cycling Cube (BE) Cycling Cube An De Decker</p>
<p>19:00 - 20:00 INDOOR CYCLING CUBE (BE) Cycling Cube Hannah Vannut</p>	<p>18:15 - 19:15 Zumba® Group Classes Studio Sarah Croes</p>	<p>20:30 - 21:30 Pilates Group Classes Studio Gaetane Callens</p>	<p>19:00 - 20:00 Calisthenics Functional Zone Yasin Karadag</p>			<p>11:00 - 12:00 Strength For Women (SGT) Functional Zone Niels Vermeiren</p>
<p>19:00 - 20:00 Strength For Women (SGT) Functional Zone Malou Berckmoes</p>	<p>19:00 - 20:00 Strength For Women (SGT) Functional Zone Malou Berckmoes</p>		<p>19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio silina niils</p>			<p>12:00 - 13:00 Calisthenics Functional Zone Niels Vermeiren</p>
<p>20:00 - 21:00 Calisthenics Functional Zone Yasin Karadag</p>	<p>19:15 - 20:15 Pilates Group Classes Studio Laura Parmentier</p>		<p>20:00 - 21:00 HYROX Functional Zone Dylan Paul</p>			
<p>20:00 - 21:00 Les Mills Bodyattack™ Group Classes Studio Olivier Ockers</p>	<p>20:15 - 21:15 Yoga Group Classes Studio Laura Parmentier</p>		<p>20:00 - 21:00 Les Mills Bodypump™ Group Classes Studio Katleen De Temmerman</p>			

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