

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>12:00 - 13:00 <b>Icebath</b> Body &amp; Mind Cube   Clara Maddens</p>	<p>17:30 - 18:00 <b>Mobility (SGT)</b> Michiel Hermans</p>	<p>12:30 - 13:30 <b>Crosstraining</b> Fitness Floor   Michiel Hermans</p>		<p>18:00 - 19:00 <b>Burn</b> Group Classes Studio   Astrid Massé</p>	<p>10:30 - 11:30 <b>UBOUND ®</b> Niels De Baets</p>	<p>11:00 - 12:00 <b>Hatha Yoga</b> Body &amp; Mind Cube   André Galle</p>
<p>13:00 - 14:00 <b>GO HYBRID SGT(BE)</b> Fitness Floor   Ryan Cruz</p>	<p>18:00 - 18:30 <b>Total Body Conditioning</b> Group Classes Studio   Astrid Massé</p>	<p>15:00 - 16:00 <b>GO HYBRID SGT(BE)</b> Fitness Floor   Clara Maddens</p>		<p>18:00 - 19:00 <b>Vinyasa Yoga</b> Body &amp; Mind Cube   Aurore Shimwa</p>	<p>11:00 - 12:15 <b>Kundalini Yoga</b> Body &amp; Mind Cube   Greta de Maertelaere</p>	
<p>17:00 - 18:00 <b>Start To Workout (SGT)</b> Fitness Floor   Michiel Hermans</p>	<p>18:30 - 19:00 <b>Core</b> Group Classes Studio   Astrid Massé</p>	<p>17:00 - 18:00 <b>Crosstraining</b> Fitness Floor   Michiel Hermans</p>		<p>19:00 - 20:00 <b>Les Mills Bodypump ™</b> Group Classes Studio   Astrid Massé</p>	<p>12:45 - 13:30 <b>Move For Health (SGT)</b> Fitness Floor   Quinten Dhaemer Gripe</p>	
<p>18:00 - 19:00 <b>Icebath</b> Body &amp; Mind Cube   Clara Maddens</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump ™</b> Group Classes Studio   Astrid Massé</p>	<p>18:00 - 19:00 <b>Burn</b> Group Classes Studio   Leslie Page</p>				
<p>18:00 - 19:00 <b>UBOUND ®</b> Niels De Baets</p>	<p>19:00 - 20:00 <b>Strength Training (SGT)</b> Fitness Floor   Stephen Harrison</p>	<p>18:00 - 19:00 <b>Squat Bench Deadlift (SGT)</b> Fitness Floor   Stephen Harrison</p>				
<p>19:00 - 20:00 <b>Pilates</b> Body &amp; Mind Cube   Gaetane Callens</p>	<p>20:00 - 21:00 <b>Les Mills Bodybalance ™</b> Body &amp; Mind Cube   Marc De Scheemaecker</p>	<p>19:00 - 20:00 <b>Power Pilates Cube (BE)</b> Body &amp; Mind Cube   Leslie Page</p>				
<p>19:00 - 20:00 <b>Strength For Women (SGT)</b> Fitness Floor   Stephen Harrison</p>		<p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Ryan Cruz</p>				
<p>20:00 - 21:00 <b>Power Yoga</b> Body &amp; Mind Cube   Gaetane Callens</p>		<p>19:30 - 20:30 <b>Boxing</b> Group Classes Studio   Akbulak Berkay</p>				
<p>20:30 - 21:30 <b>Les Mills Bodypump ™</b> Group Classes Studio   An De Decker</p>		<p>20:00 - 21:00 <b>Strength For Women (SGT)</b> Fitness Floor   Stephen Harrison</p>				

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>12:00 - 13:00 <b>Icebath</b> Body &amp; Mind Cube   Clara Maddens</p>	<p>17:30 - 18:00 <b>Mobility (SGT)</b> Michiel Hermans</p>	<p>12:30 - 13:30 <b>Crosstraining</b> Fitness Floor   Michiel Hermans</p>	<p>12:00 - 13:00 <b>Strength For Women (SGT)</b> Fitness Floor   Aurore Shimwa</p>	<p>18:00 - 19:00 <b>Burn</b> Group Classes Studio   Astrid Massé</p>	<p>10:00 - 11:00 <b>Strength For Women (SGT)</b> Fitness Floor   Aurore Shimwa</p>	<p>11:00 - 12:00 <b>Hatha Yoga</b> Body &amp; Mind Cube   André Galle</p>
<p>13:00 - 14:00 <b>GO HYBRID SGT(BE)</b> Fitness Floor   Ryan Cruz</p>	<p>18:00 - 18:30 <b>Total Body Conditioning</b> Group Classes Studio   Astrid Massé</p>	<p>15:00 - 16:00 <b>GO HYBRID SGT(BE)</b> Fitness Floor   Clara Maddens</p>	<p>17:00 - 18:00 <b>Icebath</b> Body &amp; Mind Cube   Ryan Cruz</p>	<p>18:00 - 19:00 <b>Vinyasa Yoga</b> Body &amp; Mind Cube   Aurore Shimwa</p>	<p>10:30 - 11:30 <b>UBOUND @</b> Niels De Baets</p>	
<p>17:00 - 18:00 <b>Start To Workout (SGT)</b> Fitness Floor   Michiel Hermans</p>	<p>18:30 - 19:00 <b>Core</b> Group Classes Studio   Astrid Massé</p>	<p>17:00 - 18:00 <b>Crosstraining</b> Fitness Floor   Michiel Hermans</p>	<p>18:00 - 19:00 <b>GO HYBRID SGT(BE)</b> Fitness Floor   Ryan Cruz</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Astrid Massé</p>	<p>11:00 - 12:15 <b>Kundalini Yoga</b> Body &amp; Mind Cube   Greta de Maertelaere</p>	
<p>18:00 - 19:00 <b>Icebath</b> Body &amp; Mind Cube   Clara Maddens</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Astrid Massé</p>	<p>18:00 - 19:00 <b>Burn</b> Group Classes Studio   Leslie Page</p>	<p>18:00 - 19:00 <b>Les Mills Bodycombat™</b> Group Classes Studio   Astrid Massé</p>		<p>12:45 - 13:30 <b>Move For Health (SGT)</b> Fitness Floor   Quinten Dhaemer Gripe</p>	
<p>19:00 - 20:00 <b>Pilates</b> Body &amp; Mind Cube   Leonie Van campe</p>	<p>19:00 - 20:00 <b>Strength Training (SGT)</b> Fitness Floor   Stephen Harrison</p>	<p>18:00 - 19:00 <b>Squat Bench Deadlift (SGT)</b> Fitness Floor   Stephen Harrison</p>	<p>19:00 - 20:00 <b>BBB</b> Group Classes Studio   Dana Sprung</p>		<p>13:00 - 14:00 <b>Crosstraining</b> Functional Zone   Michiel Hermans</p>	
<p>19:00 - 20:00 <b>Strength For Women (SGT)</b> Fitness Floor   Stephen Harrison</p>	<p>20:00 - 21:00 <b>Les Mills Bodybalance™</b> Body &amp; Mind Cube   Annelies Bombbeck</p>	<p>19:00 - 20:00 <b>Power Pilates Cube (BE)</b> Body &amp; Mind Cube   Leslie Page</p>	<p>19:00 - 20:00 <b>Strength Training (SGT)</b> Fitness Floor   Michiel Hermans</p>			
<p>20:00 - 21:00 <b>Power Yoga</b> Body &amp; Mind Cube   Leonie Van campe</p>		<p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Ryan Cruz</p>	<p>19:30 - 21:00 <b>Vinyasa Yoga</b> Body &amp; Mind Cube   Simon Moeyaert</p>			
<p>20:30 - 21:30 <b>Les Mills Bodypump™</b> Group Classes Studio   An De Decker</p>		<p>19:30 - 20:30 <b>Boxing</b> Group Classes Studio   Akbulak Berkay</p>				
		<p>20:00 - 21:00 <b>Strength For Women (SGT)</b> Fitness Floor   Stephen Harrison</p>				