

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>12:00 - 13:00 Icebath Body & Mind Cube Clara Maddens</p>	<p>17:30 - 18:00 Mobility (SGT) Michiel Hermans</p>	<p>12:30 - 13:30 Crosstraining Fitness Floor Michiel Hermans</p>	<p>12:00 - 13:00 Strength For Women (SGT) Fitness Floor Aurore Shimwa</p>	<p>18:00 - 19:00 Burn Group Classes Studio Astrid Massé</p>	<p>10:00 - 11:00 Icebath Body & Mind Cube Jims Gent Overpoort</p>	<p>11:00 - 12:00 Hatha Yoga Body & Mind Cube André Galle</p>
<p>13:00 - 14:00 GO HYBRID SGT(BE) Fitness Floor Ryan Cruz</p>	<p>18:00 - 18:30 Total Body Conditioning Group Classes Studio Astrid Massé</p>	<p>17:00 - 18:00 Crosstraining Fitness Floor Michiel Hermans</p>	<p>17:00 - 18:00 Icebath Body & Mind Cube Ryan Cruz</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Astrid Massé</p>	<p>10:00 - 11:00 Strength For Women (SGT) Fitness Floor Aurore Shimwa</p>	
<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Michiel Hermans</p>	<p>18:30 - 19:00 Core Group Classes Studio Astrid Massé</p>	<p>18:00 - 19:00 Burn Group Classes Studio Leslie Page</p>	<p>18:00 - 19:00 GO HYBRID SGT(BE) Fitness Floor Ryan Cruz</p>		<p>10:30 - 11:30 UBOUND® Niels De Baets</p>	
<p>18:00 - 19:00 Icebath Body & Mind Cube Clara Maddens</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Astrid Massé</p>	<p>18:00 - 19:00 Squat Bench Deadlift (SGT) Fitness Floor Stephen Harrison</p>	<p>18:00 - 19:00 Les Mills Bodycombat™ Group Classes Studio Astrid Massé</p>		<p>11:00 - 12:15 Kundalini Yoga Body & Mind Cube Greta de Maertelaere</p>	
<p>18:00 - 19:00 UBOUND® Niels De Baets</p>	<p>19:00 - 20:00 Strength Training (SGT) Fitness Floor Stephen Harrison</p>	<p>19:00 - 20:00 Power Pilates Cube (BE) Body & Mind Cube Leslie Page</p>	<p>19:00 - 20:00 BBB Group Classes Studio Dana Sprung</p>		<p>12:45 - 13:30 Move For Health (SGT) Fitness Floor Quinten Dhaemer Gripe</p>	
<p>19:00 - 20:00 Pilates Body & Mind Cube Leonie Van campe</p>	<p>20:00 - 21:00 Les Mills Bodybalance™ Body & Mind Cube Annelies Bombeeck</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Ryan Cruz</p>	<p>19:00 - 20:00 Strength Training (SGT) Fitness Floor Michiel Hermans</p>		<p>13:00 - 14:00 Crosstraining Functional Zone Michiel Hermans</p>	
<p>19:00 - 20:00 Strength For Women (SGT) Fitness Floor Stephen Harrison</p>		<p>19:30 - 20:30 Boxing Group Classes Studio Akbulak Berkay</p>	<p>19:30 - 21:00 Vinyasa Yoga Body & Mind Cube Simon Moeyaert</p>			
<p>20:00 - 21:00 Power Yoga Body & Mind Cube Leonie Van campe</p>		<p>20:00 - 21:00 Strength For Women (SGT) Fitness Floor Stephen Harrison</p>				
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