

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Natassia Smeets</p>	<p>12:30 - 13:30 Start To Workout (SGT) Functional Zone Jims Antwerpen</p>	<p>09:30 - 10:30 BBB Group Classes Studio Lani Alberto</p>		<p>09:00 - 10:00 Yoga Group Classes Studio Nadejda Poleshyk</p>	<p>09:15 - 10:15 Les Mills Bodypump™ Jims Antwerpen</p>	<p>09:15 - 10:15 Yoga Group Classes Studio Limber McEwan</p>
<p>19:45 - 20:45 Les Mills Bodycombat™ Group Classes Studio Natassia Smeets</p>	<p>18:00 - 19:00 Zumba® Group Classes Studio Lani Alberto</p>	<p>12:00 - 13:00 Strength Training (SGT) Functional Zone Jims Antwerpen</p>		<p>13:00 - 14:00 Forever Fit (SGT) Functional Zone Jims Antwerpen</p>	<p>11:15 - 12:15 BBB Group Classes Studio Lani Alberto</p>	<p>11:00 - 12:00 COACH BY COLOR® Cycling (BE) Group Classes Studio John Caubo</p>
	<p>19:00 - 20:00 Burn Group Classes Studio Lani Alberto</p>	<p>18:30 - 19:30 Les Mills Bodycombat™ Group Classes Studio Steven Elzendoorn</p>		<p>18:00 - 19:00 Yoga Group Classes Studio Nadejda Poleshyk</p>		
	<p>19:00 - 20:00 Forever Fit (SGT) Functional Zone Jims Antwerpen</p>	<p>20:00 - 21:00 Pilates Group Classes Studio Nadejda Poleshyk</p>		<p>19:00 - 20:00 Weight Health (SGT) Functional Zone Jims Antwerpen</p>		
	<p>20:00 - 21:00 Sculpt Group Classes Studio Lani Alberto</p>					

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18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Natassia Smeets	18:00 - 19:00 Zumba® Group Classes Studio Lani Alberto	09:30 - 10:30 BBB Group Classes Studio Lani Alberto	18:30 - 19:30 COACH BY COLOR® Cycling (BE) Group Classes Studio John Caubo		09:15 - 10:15 Les Mills Bodypump™ Jims Antwerpen	09:15 - 10:15 Yoga Group Classes Studio Limber McEwan
19:45 - 20:45 Les Mills Bodycombat™ Group Classes Studio Natassia Smeets	19:00 - 20:00 Burn Group Classes Studio Lani Alberto	18:30 - 19:30 Les Mills Bodycombat™ Group Classes Studio Steven Elzendoorn	19:30 - 20:30 Les Mills Bodypump™ Natassia Smeets		10:15 - 11:15 Zumba® Group Classes Studio Beatriz Ramirez	11:00 - 12:00 COACH BY COLOR® Cycling (BE) Group Classes Studio John Caubo
	20:00 - 21:00 Sculpt Group Classes Studio Lani Alberto	20:00 - 21:00 Pilates Group Classes Studio Nadejda Poleshyk			11:15 - 12:15 BBB Group Classes Studio Lani Alberto	