

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
<p>11:00 - 12:00 The circle Group Classes Studio Tommy Baes</p>	<p>08:30 - 09:30 Les Mills Core™ Group Classes Studio monika Slomska</p>	<p>08:10 - 09:10 Core Group Classes Studio Miguel Alejo Aguiso</p>	<p>09:30 - 10:30 BBB Group Classes Studio Faye Porteman</p>	<p>08:30 - 09:30 Les Mills Bodypump™ Group Classes Studio monika Slomska</p>	<p>09:10 - 10:10 Step Group Classes Studio</p>	<p>09:30 - 10:30 Les Mills Bodypump™ Group Classes Studio monika Slomska</p>
	<p>09:30 - 10:30 BBB Group Classes Studio Faye Porteman</p>	<p>09:15 - 10:15 INDOOR CYCLING CUBE (BE) Cycling Cube Peter Wille</p>	<p>10:30 - 11:30 Yoga Group Classes Studio Joke Verkeyn</p>	<p>09:30 - 10:30 INDOOR CYCLING CUBE (BE) Cycling Cube Peter Wille</p>	<p>10:00 - 11:00 Strength Training (SGT) Fitness Floor Quinten Borrizee</p>	<p>10:30 - 11:30 INDOOR CYCLING CUBE (BE) Cycling Cube Alain Declerck</p>
	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio monika Slomska</p>	<p>10:00 - 11:00 Zumba® Group Classes Studio Faye Porteman</p>	<p>12:30 - 13:30 Moving Mom (SGT) Fitness Floor Nina Dhelft</p>	<p>09:30 - 10:30 Les Mills Core™ Group Classes Studio monika Slomska</p>	<p>11:00 - 12:00 HIIT Fitness Floor Tommy Baes</p>	<p>11:30 - 12:00 Mobility (SGT) Functional Zone Viktor Boonen</p>
	<p>19:10 - 20:10 Healthy Back (SGT) Fitness Floor Quinten Borrizee</p>	<p>17:00 - 18:00 Pilates Group Classes Studio Marianne Van Wulpen</p>	<p>17:30 - 18:30 POP Pilates® Group Classes Studio</p>	<p>18:00 - 19:00 Les Mills Core™ Group Classes Studio monika Slomska</p>		
	<p>19:30 - 20:30 INDOOR CYCLING CUBE (BE) Alain Declerck</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio monika Slomska</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio monika Slomska</p>		
	<p>19:30 - 20:30 STRONG Nation® Group Classes Studio Joke Goossens</p>	<p>18:30 - 19:00 Mobility (SGT) Fitness Floor Viktor Boonen</p>	<p>19:30 - 20:30 INDOOR CYCLING CUBE (BE) Cycling Cube Bart Duyck</p>			
	<p>20:30 - 21:30 Booty Group Classes Studio Joke Goossens</p>	<p>19:30 - 20:30 Strength For Women (SGT) Fitness Floor Quinten Borrizee</p>	<p>19:30 - 20:30 STRONG Nation® Group Classes Studio Joke Goossens</p>	<p>19:30 - 20:30 Strength Training (SGT) Fitness Floor Viktor Boonen</p>		
			<p>20:30 - 21:30 Jims Jump Group Classes Studio Joke Goossens</p>			

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<p>12:30 - 13:30 Moving Mom (SGT) Fitness Floor Nina Dhelft</p>	<p>09:30 - 10:30 BBB Group Classes Studio Faye Porteman</p>	<p>09:15 - 10:15 INDOOR CYCLING CUBE (BE) Cycling Cube Luc Coopman</p>	<p>10:30 - 11:30 Yoga Group Classes Studio Joke Verkeyn</p>	<p>09:30 - 10:30 INDOOR CYCLING CUBE (BE) Cycling Cube Peter Wille</p>	<p>10:00 - 11:00 Strength Training (SGT) Fitness Floor Quinten Borrizee</p>	<p>10:30 - 11:30 INDOOR CYCLING CUBE (BE) Cycling Cube Alain Declerck</p>
<p>18:15 - 19:15 Indoor Cycling Cycling Cube Luc Coopman</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio monika Slomska</p>	<p>10:00 - 11:00 Zumba® Group Classes Studio Faye Porteman</p>	<p>12:30 - 13:30 Moving Mom (SGT) Fitness Floor Nina Dhelft</p>	<p>09:30 - 10:30 Les Mills Core™ Group Classes Studio monika Slomska</p>	<p>10:15 - 11:15 Cardio Boxing Group Classes Studio Miguel Alejo Aguiso</p>	<p>11:30 - 12:00 Mobility (SGT) Functional Zone Viktor Boonen</p>
<p>18:30 - 19:30 Start To Workout (SGT) Fitness Floor Viktor Boonen</p>	<p>19:10 - 20:10 Healthy Back (SGT) Fitness Floor Quinten Borrizee</p>	<p>17:00 - 18:00 Pilates Group Classes Studio Marianne Van Wulpen</p>	<p>17:30 - 18:30 POP Pilates® Group Classes Studio</p>	<p>18:00 - 19:00 Les Mills Core™ Group Classes Studio monika Slomska</p>	<p>11:00 - 12:00 HIIT Fitness Floor Tommy Baes</p>	
<p>18:30 - 19:30 The circle Group Classes Studio Tommy Baes</p>	<p>19:30 - 20:30 INDOOR CYCLING CUBE (BE) Alain Declerck</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio monika Slomska</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio monika Slomska</p>		
<p>19:30 - 20:30 Bokwa Group Classes Studio Faye Porteman</p>	<p>19:30 - 20:30 STRONG Nation® Group Classes Studio Joke Goossens</p>	<p>18:30 - 19:00 Mobility (SGT) Fitness Floor Viktor Boonen</p>	<p>19:30 - 20:30 INDOOR CYCLING CUBE (BE) Cycling Cube Alain Declerck</p>			
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