

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>18:00 - 19:00 Les Mills Bodypump™ Group Classes Studio Jims Asse</p>	<p>12:30 - 13:15 Core Group Classes Studio Megane Van Wachtendonck</p>	<p>18:00 - 19:00 TAF Group Classes Studio Soraya Dadi</p>	<p>18:00 - 19:00 HIIT Functional Zone Soraya Dadi</p>	<p>11:00 - 12:00 Yoga Group Classes Studio Brigitte Hellebuyck</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Brigitte Hellebuyck</p>	<p>09:15 - 10:15 Les Mills Bodypump™ Group Classes Studio Kevin Van Holsbeeck</p>
<p>19:00 - 20:00 Hybrid X Functional Zone Rochdi Kassas</p>	<p>18:00 - 19:00 Dance Group Classes Studio Emilie Harnie</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Kevin Van Holsbeeck</p>	<p>20:00 - 21:00 Les Mills Bodyattack™ Group Classes Studio Marieke Walrave</p>	<p>12:15 - 13:00 Pilates Group Classes Studio Brigitte Hellebuyck</p>	<p>11:00 - 12:00 Dance Group Classes Studio Emilie Harnie</p>	<p>11:30 - 12:30 Yoga Group Classes Studio Elke Roessems</p>
<p>19:00 - 20:00 Power Pilates Cube (BE) Dorine Vantours</p>				<p>19:00 - 20:00 Crosstraining Rochdi Kassas</p>		
<p>20:00 - 21:00 Les Mills Bodybalance™ Group Classes Studio Dorine Vantours</p>						

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18:00 - 19:00 Start To Workout (SGT) Fitness Floor Maxime De Bisscop	18:00 - 19:00 Dance Group Classes Studio Emilie Harnie	19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Kevin Van Holsbeeck	20:00 - 21:00 Les Mills Bodyattack™ Group Classes Studio Marieke Walrave	12:15 - 13:00 Pilates Group Classes Studio Brigitte Hellebuyck	11:00 - 12:00 Dance Group Classes Studio Emilie Harnie	11:30 - 12:30 Yoga Group Classes Studio Elke Roessems
19:00 - 20:00 Hybrid X Functional Zone Rochdi Kassas	19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio Valentine Callens			19:00 - 20:00 Crosstraining Rochdi Kassas		
19:00 - 20:00 Power Pilates Cube (BE) Dorine Vantours						
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