

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>08:00 - 09:00 HIIT Fitness Floor Micha Bellen</p>	<p>18:00 - 19:00 BBB Group Classes Studio Bjorn Wouters</p>	<p>08:00 - 09:00 HIIT Fitness Floor Micha Bellen</p>	<p>19:00 - 20:00 Go Functional (SGT) Fitness Floor Danielle Schotman</p>	<p>08:00 - 09:00 HIIT Fitness Floor Micha Bellen</p>	<p>10:00 - 11:00 HIIT Fitness Floor</p>	
<p>09:00 - 10:00 Boxing Group Classes Studio Micha Bellen</p>	<p>18:00 - 19:00 Conditioning (SGT) Fitness Floor Laïse Saro</p>	<p>10:00 - 11:00 Forever Fit (SGT) Fitness Floor Danielle Schotman</p>		<p>09:00 - 10:00 Boxing Group Classes Studio Micha Bellen</p>	<p>11:00 - 12:00 Boxing Group Classes Studio Micha Bellen</p>	
<p>18:00 - 19:00 STRETCHING Group Classes Studio ZAINA MAATOUK</p>	<p>19:00 - 20:00 ZUMBA LIFT (BE) Group Classes Studio Rodica Telescu-Heeren</p>	<p>11:15 - 12:15 Start To Workout (SGT) Fitness Floor Jarne Ameele</p>				
<p>19:00 - 20:00 Step Group Classes Studio Daniel Doroftei</p>	<p>20:00 - 21:00 BODY & MIND (BE) Lorena Sejdo</p>	<p>19:00 - 20:00 SOUND BATH (BE) Group Classes Studio</p>				
<p>19:00 - 20:00 Strength For Women (SGT) Fitness Floor Laïse Saro</p>						

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<p>09:00 - 10:00 Boxing Group Classes Studio Micha Bellen</p>	<p>19:00 - 20:00 ZUMBA LIFT (BE) Group Classes Studio Rodica Telescu-Heeren</p>	<p>10:00 - 11:00 Forever Fit (SGT) Fitness Floor Danielle Schotman</p>	<p>19:00 - 20:00 Pilates Group Classes Studio Karlien Bams</p>	<p>09:00 - 10:00 Boxing Group Classes Studio Micha Bellen</p>	<p>11:00 - 12:00 Boxing Group Classes Studio Micha Bellen</p>	<p>10:15 - 11:15 Yoga Group Classes Studio Karlien Bams</p>
<p>18:00 - 19:00 STRETCHING Group Classes Studio ZAINA MAATOUK</p>	<p>20:00 - 21:00 BODY & MIND (BE) Lorena Sejdo</p>	<p>11:15 - 12:15 Start To Workout (SGT) Fitness Floor Jarne Ameele</p>	<p>20:00 - 21:00 Pilates Group Classes Studio Karlien Bams</p>			
<p>19:00 - 20:00 Strength For Women (SGT) Fitness Floor Laise Saro</p>		<p>19:00 - 20:00 SOUND BATH (BE) Group Classes Studio Bianca Krings</p>				