

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>08:00 - 09:00 HIIT Fitness Floor</p>	<p>18:00 - 19:00 Conditionnement (SGT) Fitness Floor Laïse Saro</p>	<p>08:00 - 09:00 HIIT Fitness Floor</p>	<p>08:00 - 09:00 BBB Group Classes Studio</p>	<p>08:00 - 09:00 HIIT Fitness Floor</p>	<p>10:00 - 11:00 HIIT Fitness Floor</p>	<p>09:15 - 10:15 Pilates Group Classes Studio Karlien Bams</p>
<p>09:00 - 10:00 Boxing Group Classes Studio</p>	<p>19:00 - 20:00 Zumba® Group Classes Studio Rodica Telescu-Heeren</p>	<p>10:00 - 11:00 Forever Fit (SGT) Fitness Floor Danielle Schotman</p>	<p>09:00 - 10:00 Les Mills Bodybalance™ Group Classes Studio</p>	<p>09:00 - 10:00 Boxing Group Classes Studio</p>	<p>11:00 - 12:00 Boxing Group Classes Studio</p>	<p>10:15 - 11:15 Yoga Group Classes Studio Karlien Bams</p>
<p>19:00 - 20:00 SPLASH DANCE (BE) Group Classes Studio Fabio Ponente</p>		<p>11:00 - 12:00 Start To Workout (SGT) Fitness Floor Danielle Schotman</p>	<p>18:00 - 19:00 Zumba® Group Classes Studio Rodica Telescu-Heeren</p>			<p>11:15 - 12:45 SOUND BATH (BE) Group Classes Studio</p>
<p>19:00 - 20:00 Strength For Women (SGT) Fitness Floor Laïse Saro</p>		<p>19:00 - 20:30 SOUND BATH (BE) Group Classes Studio</p>	<p>19:00 - 20:00 Go Functional (SGT) Fitness Floor Danielle Schotman</p>			
			<p>19:00 - 20:00 Pilates Group Classes Studio Karlien Bams</p>			
			<p>20:00 - 21:00 Pilates Group Classes Studio Karlien Bams</p>			

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