

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>12:15 - 13:00 Burn Group Classes Studio Ariane Deconinck</p>	<p>12:15 - 13:00 Pilates Group Classes Studio Ariane Deconinck</p>	<p>17:30 - 18:30 Sculpt Group Classes Studio Wendy Maton</p>	<p>10:30 - 11:30 BODY & MIND (BE) Group Classes Studio Ariane Deconinck</p>	<p>17:30 - 18:30 Cuisses Abdos Fessiers (CAF) Group Classes Studio Arnaud Kontelizo</p>	<p>10:30 - 11:30 Sculpt Group Classes Studio Angélique Vinquier</p>	<p>10:30 - 11:30 Pilates Group Classes Studio Séverine Vyncke</p>
<p>17:30 - 18:30 Core Group Classes Studio Arnaud Kontelizo</p>	<p>17:30 - 18:30 HYROX Functional Zone Arnaud Kontelizo</p>	<p>17:30 - 18:30 Weight Health (SGT) Functional Zone Hugo Capelli</p>	<p>17:30 - 18:30 Pilates Group Classes Studio Corinne Sohier</p>	<p>18:30 - 19:30 HYROX Functional Zone Dorian Ndotah</p>	<p>11:30 - 12:30 PARTYROBICS® CARDIO DANCE (BE) Angélique Vinquier</p>	<p>11:30 - 12:30 Zumba® Group Classes Studio Séverine Vyncke</p>
<p>18:30 - 19:30 Strength Training (SGT) Functional Zone Hugo Capelli</p>	<p>17:30 - 18:30 Healthy Back (SGT) Functional Zone Hugo Capelli</p>	<p>18:30 - 19:30 HYROX Functional Zone Cyril Morain</p>	<p>17:30 - 18:30 Start To Workout (SGT) Fitness Floor Tom De Backer</p>			
<p>19:30 - 20:30 Crosstraining Functional Zone Cyril Morain</p>	<p>17:30 - 18:30 Strength For Women (SGT) Group Classes Studio Wendy Maton</p>	<p>18:30 - 19:30 Healthy Back (SGT) Fitness Floor Tom De Backer</p>	<p>18:30 - 19:30 HYROX Functional Zone Tom De Backer</p>			
<p>19:30 - 20:30 Yoga Group Classes Studio Corinne Sohier</p>	<p>18:30 - 19:30 Cuisses Abdos Fessiers (CAF) Group Classes Studio Wendy Maton</p>	<p>18:30 - 19:30 Step Group Classes Studio Wendy Maton</p>				
	<p>18:30 - 19:30 Go Functional (SGT) Functional Zone Jero Vanderoost</p>	<p>19:30 - 20:30 BODY & MIND (BE) Group Classes Studio Angélique Vinquier</p>				
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