

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>09:30 - 10:30 <b>Pilates</b> Group Classes Studio   Jims Hoogstraten</p>	<p>18:00 - 19:00 <b>Prepare for running (SGT)</b> Fitness Floor   Jims Hoogstraten</p>	<p>16:30 - 17:30 <b>GO HYBRID SGT(BE)</b> Fitness Floor   Maarten Ettema</p>			<p>12:00 - 13:00 <b>Yoga</b> Group Classes Studio   Jims Hoogstraten</p>	
<p>10:30 - 11:30 <b>Yoga</b> Group Classes Studio   Jims Hoogstraten</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Milla Goormans</p>	<p>19:00 - 20:00 <b>Zumba®</b> Group Classes Studio   Kristel Vandeneynde</p>				
<p>11:00 - 12:00 <b>Start To Workout (SGT)</b> Fitness Floor   Milla Goormans</p>	<p>20:00 - 21:00 <b>Pilates</b> Group Classes Studio   Jims Hoogstraten</p>	<p>20:00 - 21:00 <b>Boxing</b> Group Classes Studio   Maarten Ettema</p>				
<p>19:00 - 20:00 <b>Zumba®</b> Group Classes Studio   Kristel Vandeneynde</p>						
<p>20:00 - 21:00 <b>Boxing</b> Group Classes Studio   Maarten Ettema</p>						

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>09:30 - 10:30 <b>Pilates</b> Group Classes Studio   Jims Hoogstraten</p>	<p>18:00 - 19:00 <b>Prepare for running (SGT)</b> Fitness Floor   Jims Hoogstraten</p>	<p>16:30 - 17:30 <b>GO HYBRID SGT(BE)</b> Fitness Floor   Maarten Ettema</p>	<p>09:00 - 10:00 <b>Strength Training (SGT)</b> Fitness Floor   Milla Goormans</p>		<p>12:00 - 13:00 <b>Yoga</b> Group Classes Studio   Jims Hoogstraten</p>	
<p>10:30 - 11:30 <b>Yoga</b> Group Classes Studio   Jims Hoogstraten</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Milla Goormans</p>	<p>19:00 - 20:00 <b>Zumba®</b> Group Classes Studio   Kristel Vandeneynde</p>	<p>10:00 - 11:00 <b>Start To Workout (SGT)</b> Fitness Floor   Maarten Ettema</p>			
<p>11:00 - 12:00 <b>Start To Workout (SGT)</b> Fitness Floor   Milla Goormans</p>	<p>20:00 - 21:00 <b>Pilates</b> Group Classes Studio   Jims Hoogstraten</p>	<p>20:00 - 21:00 <b>Boxing</b> Group Classes Studio   Maarten Ettema</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Doina Manu</p>			
<p>19:00 - 20:00 <b>Zumba®</b> Group Classes Studio   Kristel Vandeneynde</p>			<p>20:00 - 21:00 <b>Indoor Cycling</b> Group Classes Studio   Jims Hoogstraten</p>			
<p>20:00 - 21:00 <b>Boxing</b> Group Classes Studio   Maarten Ettema</p>						