

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>10:00 - 11:00 <b>Yoga</b> Group Classes Studio   Magicline 2</p>	<p>15:00 - 16:00 <b>Start To Workout (SGT)</b> Fitness Floor   Lorenzo Van de Weghe</p>	<p>10:00 - 11:00 <b>Pilates</b> Group Classes Studio   Magicline 2</p>	<p>15:00 - 16:00 <b>Healthy Back (SGT)</b> Fitness Floor   Lorenzo Van de Weghe</p>			
<p>18:00 - 19:00 <b>Conditioning (SGT)</b> Fitness Floor</p>	<p>19:30 - 20:30 <b>HIIT Agility</b> Group Classes Studio   Katrien Allaert</p>	<p>18:00 - 19:00 <b>The circle</b> Fitness Floor   Lorenzo Van de Weghe</p>	<p>18:30 - 19:30 <b>Strength For Women (SGT)</b> Fitness Floor   Joyce Cornillie</p>			
<p>19:30 - 20:00 <b>ABDO WOD (BE)</b> Group Classes Studio   Katrien Allaert</p>	<p>20:30 - 21:30 <b>Indoor Cycling</b> Cycling Cube   Katrien Allaert</p>	<p>19:00 - 20:00 <b>Zumba®</b> Group Classes Studio   Magicline 2</p>	<p>19:30 - 20:30 <b>Indoor Cycling</b> Cycling Cube   Patrick Fiore</p>			
<p>20:00 - 21:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Katrien Allaert</p>						

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<p>18:00 - 19:00 <b>Conditioning (SGT)</b> Fitness Floor</p>	<p>18:00 - 19:00 <b>Strength For Women (SGT)</b> Fitness Floor   Axelle Duysburgh</p>	<p>18:00 - 19:00 <b>The circle</b> Fitness Floor   Lorenzo Van de Weghe</p>	<p>18:30 - 19:30 <b>Strength For Women (SGT)</b> Fitness Floor   Joyce Cornillie</p>			
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