

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
09:00 - 10:00 Forever Fit (SGT) Functional Zone Naomi De Wolf	18:30 - 19:30 Start To Workout (SGT) Fitness Floor Lucas Cantella	19:00 - 20:00 Conditioning (SGT) Functional Zone Tom Aerts	19:00 - 20:00 Start To Workout (SGT) Fitness Floor Lucas Cantella		09:30 - 10:30 Les Mills Bodypump™ Functional Zone Valerie Haelen	
19:00 - 20:00 Healthy Back (SGT) Functional Zone Tom Aerts						

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