

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
	<p>18:30 - 19:30 Start To Workout (SGT) Fitness Floor Lucas Cantella</p>	<p>19:00 - 20:00 Conditioning (SGT) Functional Zone Tom Aerts</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Lucas Cantella</p>		<p>09:30 - 10:30 Les Mills Bodypump™ Functional Zone Valerie Haelen</p>	

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
19:00 - 20:00 Healthy Back (SGT) Functional Zone Tom Aerts	18:30 - 19:30 Start To Workout (SGT) Fitness Floor Lucas Cantella	19:00 - 20:00 Conditioning (SGT) Functional Zone Tom Aerts	19:00 - 20:00 Start To Workout (SGT) Fitness Floor Lucas Cantella		09:30 - 10:30 Les Mills Bodypump™ Functional Zone Valerie Haelen	