

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
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		<p>19:00 - 20:00 <b>Conditioning (SGT)</b> Functional Zone   Tom Aerts</p>	<p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Lucas Cantella</p>			
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					<p>09:30 - 10:30 <b>Les Mills Bodypump™</b> Functional Zone   Valerie Haelen</p>	
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09:00 - 10:00  
**Forever Fit (SGT)**  
Functional Zone | Naomi De Wolf

19:00 - 20:00  
**Healthy Back (SGT)**  
Functional Zone | Tom Aerts

19:00 - 20:00  
**Conditioning (SGT)**  
Functional Zone | Tom Aerts

09:30 - 10:30  
**Les Mills Bodypump™**  
Functional Zone | Valerie Haelen