

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
	<p>19:00 - 20:00 Strength For Women (SGT) Laura Saenen</p>	<p>18:45 - 19:45 Go Functional (SGT) Laura Saenen</p>	<p>19:00 - 20:00 Start To Workout (SGT) Sylvia Reyes-Caldera</p>	<p>15:00 - 16:00 Pilates Group Classes Studio Florence Hopmans</p>	<p>10:30 - 11:00 HIIT Group Classes Studio Arne Van Hove</p>	
			<p>19:30 - 20:30 Indoor Cycling Katia Dewalheyns</p>	<p>18:30 - 19:30 Squat Bench Deadlift (SGT) Fitness Floor Arne Van Hove</p>	<p>11:00 - 12:00 Yoga Arne Van Hove</p>	
			<p>20:00 - 21:00 Zumba® Dounia Hautain</p>			

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>13:00 - 14:00 Pilates Group Classes Studio Florence Hopmans</p>	<p>19:00 - 20:00 Strength For Women (SGT) Laura Saenen</p>	<p>18:45 - 19:45 Go Functional (SGT) Laura Saenen</p>	<p>19:00 - 20:00 Start To Workout (SGT) Sylvia Reyes-Caldera</p>	<p>15:00 - 16:00 Pilates Group Classes Studio Florence Hopmans</p>	<p>10:30 - 11:00 HIIT Group Classes Studio Arne Van Hove</p>	
<p>18:30 - 19:30 Start To Workout (SGT) Sylvia Reyes-Caldera</p>			<p>19:30 - 20:30 Indoor Cycling Katia Dewalheyns</p>	<p>18:30 - 19:30 Squat Bench Deadlift (SGT) Fitness Floor Arne Van Hove</p>	<p>11:00 - 12:00 Yoga Arne Van Hove</p>	
<p>19:30 - 20:30 Indoor Cycling Katia Dewalheyns</p>			<p>20:00 - 21:00 Zumba® Dounia Hautain</p>			