

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
20:00 - 21:00 Yoga Leen Nieuwlandt	19:30 - 20:30 BBB 20:30 - 21:30 Zumba®	18:30 - 19:00 Core 19:00 - 20:00 Burn	18:30 - 19:30 Total Body Conditioning Silke De Keyser 19:30 - 20:30 Pilates Silke De Keyser		10:00 - 11:00 Total Body Conditioning Silke De Keyser	10:00 - 11:00 BBB

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
19:00 - 20:00 Les Mills Bodyattack™ Marieke Walrave	18:30 - 19:30 Conditioning (SGT) Jims Meise	18:30 - 19:00 Core	18:30 - 19:30 Total Body Conditioning Silke De Keyser		10:00 - 11:00 Total Body Conditioning Silke De Keyser	10:00 - 11:00 BBB
20:00 - 21:00 Yoga Leen Nieuwlandt	19:30 - 20:30 BBB	19:00 - 20:00 Burn	19:30 - 20:30 Pilates Silke De Keyser			
	20:30 - 21:30 Zumba®		20:30 - 21:30 Indoor Cycling Bert Van Zeebroeck			