

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
09:30 - 10:30 Core Caroline Vandormael	09:30 - 10:30 Forever Fit (SGT) Jasmine Tips	09:30 - 10:30 Core Caroline Vandormael	09:30 - 10:30 Forever Fit (SGT) Jasmine Tips	09:30 - 10:30 Strength For Women (SGT) Caroline Vandormael	09:15 - 10:15 Step Mieke Ceelen	
10:30 - 11:30 Zumba® Cinthia Emilia Batista de Verlinden	10:30 - 11:30 Pilates Caroline Vandormael	10:30 - 11:30 Indoor Cycling Mirjam Kramer	10:30 - 11:30 Yoga Silvia Hendriks	10:30 - 11:30 Boxing Jasmine Tips	10:15 - 11:15 Pilates Mieke Ceelen	
18:30 - 19:30 Boxing Jasmine Tips	18:30 - 19:30 Step Mieke Ceelen	18:00 - 19:00 Start To Workout (SGT) Jasmine Tips	18:30 - 19:30 Indoor Cycling Jessie Haex	18:30 - 19:30 Dance Nsabimana Lenaerts	11:15 - 12:15 Power Ron Vincent Duiker	
19:30 - 20:30 Indoor Cycling Mirjam Kramer	19:30 - 20:30 BBB Ine Ooms	18:30 - 19:30 STRONG Nation® Cinthia Emilia Batista de Verlinden	19:30 - 20:30 Pilates Silvia Hendriks	19:30 - 20:30 Indoor Cycling Jessie Haex		
		19:30 - 20:30 Power Cinthia Emilia Batista de Verlinden				
		20:30 - 21:30 Yoga Silvia Hendriks				

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