

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Ines Zlailouh</p>	<p>07:15 - 08:15 GO HYBRID SGT(BE) Functional Zone Robbe Devarrewaere</p>	<p>16:00 - 17:00 Healthy Back (SGT) Fitness Floor Robbe Devarrewaere</p>	<p>17:30 - 18:30 Strength For Women (SGT) Group Classes Studio Lavinia Van Hoe</p>		<p>10:15 - 11:15 Indoor Cycling Group Classes Studio Elke Cornelis</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Johnny Bauwens</p>
<p>19:00 - 20:00 BBB Group Classes Studio Stefanie Van Heule</p>	<p>18:00 - 19:00 Strength For Women (SGT) Group Classes Studio Ines Zlailouh</p>	<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Lavinia Van Hoe</p>	<p>18:30 - 19:30 Indoor Cycling Group Classes Studio Steven Marlier</p>			<p>11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Johnny Bauwens</p>
	<p>19:00 - 20:00 Indoor Cycling Group Classes Studio Steven Maelfait</p>	<p>18:00 - 19:00 HIIT Group Classes Studio Robbe Devarrewaere</p>				
	<p>20:00 - 21:00 SELF DEFENSE (BE) Group Classes Studio Jims Waregem</p>	<p>19:00 - 20:00 Indoor Cycling Group Classes Studio Johnny Bauwens</p>				
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