

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>10:00 - 11:00 <b>Indoor Cycling</b> Group Classes Studio   Bruno Van Gestelen</p>	<p>09:00 - 10:00 <b>BBB</b> Group Classes Studio   Nadia Lefever</p>	<p>10:00 - 11:00 <b>Indoor Cycling</b> Group Classes Studio   Nassera Hamdaoui</p>	<p>10:00 - 11:00 <b>BBB</b> Group Classes Studio   Nadia Lefever</p>	<p>09:30 - 10:30 <b>Yoga</b> Group Classes Studio   Sandra Meert</p>	<p>09:30 - 10:30 <b>Indoor Cycling</b> Group Classes Studio   Nassera Hamdaoui</p>	<p>09:30 - 10:30 <b>Pilates</b> Group Classes Studio   Nadia Lefever</p>
<p>18:00 - 19:00 <b>Les Mills Bodyattack™</b>   Fatima El Filali</p>	<p>11:00 - 12:00 <b>Go Functional (SGT)</b> Group Classes Studio   Lucie Mulders</p>	<p>18:30 - 19:30 <b>Zumba®</b> Group Classes Studio   Nadia Lefever</p>	<p>11:00 - 12:00 <b>Go Functional (SGT)</b>   Lucie Mulders</p>	<p>18:00 - 19:00 <b>Les Mills Bodyattack™</b> Group Classes Studio   Fatima El Filali</p>		<p>10:30 - 11:00 <b>Core</b> Group Classes Studio   Nadia Lefever</p>
<p>19:00 - 20:00 <b>Indoor Cycling</b> Group Classes Studio   Bruno Van Gestelen</p>	<p>18:00 - 19:00 <b>SELF DEFENSE (BE)</b> Group Classes Studio   Emiel De Staerke</p>	<p>19:30 - 21:00 <b>Indoor Cycling</b> Group Classes Studio   Wim Uytterhoeven</p>	<p>18:00 - 19:00 <b>SELF DEFENSE (BE)</b> Group Classes Studio   Emiel De Staerke</p>	<p>19:00 - 20:00 <b>Boxing</b> Group Classes Studio   Fatima El Filali</p>		<p>11:00 - 12:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Nadia Lefever</p>
<p>20:00 - 21:00 <b>Total Body Conditioning</b> Group Classes Studio   Tine Van Beek</p>	<p>19:00 - 20:00 <b>Total Body Conditioning</b>   Tine Van Beek</p>		<p>19:30 - 20:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Nadia Lefever</p>	<p>20:00 - 21:00 <b>Yoga</b> Group Classes Studio   Sandra Meert</p>		
	<p>20:00 - 21:00 <b>Step</b> Group Classes Studio   Tine Van Beek</p>		<p>20:30 - 21:30 <b>BBB</b> Group Classes Studio   Nadia Lefever</p>			

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