

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Bruno Van Gestelen</p>	<p>09:00 - 10:00 BBB Group Classes Studio Nadia Lefever</p>	<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Nassera Hamdaoui</p>	<p>10:00 - 11:00 BBB Group Classes Studio Nadia Lefever</p>	<p>09:30 - 10:30 Yoga Group Classes Studio Sandra Meert</p>	<p>09:30 - 10:30 Indoor Cycling Group Classes Studio Nassera Hamdaoui</p>	<p>09:30 - 10:30 Pilates Group Classes Studio Nadia Lefever</p>
<p>18:00 - 19:00 Les Mills Bodyattack™ Fatima El Filali</p>	<p>11:00 - 12:00 Go Functional (SGT) Group Classes Studio Lucie Mulders</p>	<p>18:30 - 19:30 Zumba® Group Classes Studio Nadia Lefever</p>	<p>11:00 - 12:00 Go Functional (SGT) Lucie Mulders</p>	<p>18:00 - 19:00 Les Mills Bodyattack™ Group Classes Studio Fatima El Filali</p>		<p>10:30 - 11:00 Core Group Classes Studio Nadia Lefever</p>
<p>19:00 - 20:00 Indoor Cycling Group Classes Studio Bruno Van Gestelen</p>	<p>18:00 - 19:00 SELF DEFENSE (BE) Group Classes Studio Emiel De Staerke</p>	<p>19:30 - 21:00 Indoor Cycling Group Classes Studio Wim Uytterhoeven</p>	<p>18:00 - 19:00 SELF DEFENSE (BE) Group Classes Studio Emiel De Staerke</p>	<p>19:00 - 20:00 Boxing Group Classes Studio Fatima El Filali</p>		<p>11:00 - 12:00 Les Mills Bodypump™ Group Classes Studio Nadia Lefever</p>
<p>20:00 - 21:00 Total Body Conditioning Group Classes Studio Tine Van Beek</p>	<p>19:00 - 20:00 Total Body Conditioning Tine Van Beek</p>		<p>19:30 - 20:30 Les Mills Bodypump™ Group Classes Studio Nadia Lefever</p>	<p>20:00 - 21:00 Yoga Group Classes Studio Sandra Meert</p>		
	<p>20:00 - 21:00 Step Group Classes Studio Tine Van Beek</p>		<p>20:30 - 21:30 BBB Group Classes Studio Nadia Lefever</p>			

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