

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
18:00 - 19:00 Forever Fit (SGT) Raoul Coenen	17:45 - 18:45 Pilates Femke Celen	10:00 - 11:00 Pilates	11:00 - 12:00 Strength For Women (SGT) Fitness Floor Julie Schelles	09:30 - 10:30 Yoga	10:15 - 11:15 Boxing	10:00 - 11:00 Indoor Cycling
19:00 - 20:00 Yoga	19:00 - 20:00 BBB	17:00 - 18:00 Boxing	18:00 - 19:00 Zumba® Group Classes Studio Femke Celen	19:00 - 20:00 Indoor Cycling	11:15 - 12:15 Boxing	
19:30 - 20:30 Indoor Cycling	19:00 - 20:00 Burn	18:00 - 19:00 Conditionnement (SGT) Fitness Floor Kevin Van Heuckelom	19:00 - 20:00 BBB	19:00 - 20:00 Power Cardio		
20:00 - 21:00 Les Mills Bodypump™ Valerie Haelen	19:30 - 20:30 Indoor Cycling	19:00 - 20:00 Les Mills Bodypump™ Valerie Haelen	19:00 - 20:00 Pilates Group Classes Studio Femke Celen			
	20:00 - 21:00 Boxing	19:00 - 20:00 Power Cardio	19:30 - 20:30 Indoor Cycling			
	21:00 - 22:00 Boxing	20:00 - 21:00 Indoor Cycling	20:00 - 21:00 Step			

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18:00 - 19:00 Forever Fit (SGT) Raoul Coenen	17:45 - 18:45 Pilates Femke Celen	10:00 - 11:00 Power Pilates Cube (BE) Group Classes Studio Julie Schelles	11:00 - 12:00 Strength For Women (SGT) Fitness Floor Julie Schelles	09:30 - 10:30 Yoga	10:15 - 11:15 Boxing	10:00 - 11:00 Indoor Cycling
19:00 - 20:00 Yoga	19:00 - 20:00 BBB	17:00 - 18:00 Boxing	18:00 - 19:00 Conditionnement (SGT) Fitness Floor Kevin Van Heuckelom	19:00 - 20:00 Indoor Cycling	11:15 - 12:15 Boxing	
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			20:00 - 21:00 Step			