

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>11:00 - 12:00 Pilates Femke Celen</p>	<p>15:00 - 16:00 Strength For Women (SGT) Fitness Floor Julie Schelles</p>				<p>10:15 - 11:15 Boxing Christophe Gielen</p>	
<p>18:00 - 19:00 GO HYBRID SGT(BE) Group Classes Studio Raoul Coenen</p>	<p>17:45 - 18:45 Pilates Femke Celen</p>				<p>11:15 - 12:15 Boxing Christophe Gielen</p>	
<p>19:00 - 20:00 Power Pilates Cube (BE) Group Classes Studio Julie Schelles</p>	<p>19:00 - 20:00 BBB Andy Bassani</p>					
<p>19:00 - 20:00 Yoga</p>	<p>19:00 - 20:00 Burn Christophe Gielen</p>					
<p>19:30 - 20:30 Indoor Cycling</p>	<p>19:00 - 20:00 Conditioning (SGT) Outdoors Kevin Vanheuckelom</p>					
<p>20:00 - 21:00 Les Mills Bodypump™ Valerie Haelen</p>	<p>19:30 - 20:30 Indoor Cycling</p>					
	<p>20:00 - 21:00 Boxing Christophe Gielen</p>					
	<p>21:00 - 22:00 Boxing Christophe Gielen</p>					

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
	17:45 - 18:45 Pilates Femke Celen	10:00 - 11:00 Power Pilates Cube (BE) Julie Schelles	11:00 - 12:00 Strength For Women (SGT) Fitness Floor Julie Schelles	09:30 - 10:30 Yoga	10:15 - 11:15 Boxing Christophe Gielen	10:00 - 11:00 Indoor Cycling
	19:00 - 20:00 BBB Andy Bassani	17:00 - 18:00 Boxing Christophe Gielen	18:00 - 19:00 Dance Femke Celen	12:45 - 13:45 Sculpt Femke Celen	11:15 - 12:15 Boxing Christophe Gielen	10:00 - 11:00 Zumba® Group Classes Studio Marthe Jansen
	19:00 - 20:00 Burn Christophe Gielen	18:00 - 19:00 Conditioning (SGT) Fitness Floor Kevin Vanheuckelom	19:00 - 20:00 BBB Andy Bassani	19:00 - 20:00 Indoor Cycling		
	19:30 - 20:30 Indoor Cycling	19:00 - 20:00 Les Mills Bodypump™ Valerie Haelen	19:00 - 20:00 Pilates Femke Celen	19:00 - 20:00 Power Cardio Dirk Baptist		
	20:00 - 21:00 Boxing Christophe Gielen	19:00 - 20:00 Power Cardio Dirk Baptist	19:30 - 20:30 Indoor Cycling			
	21:00 - 22:00 Boxing Christophe Gielen	20:00 - 21:00 Indoor Cycling	20:00 - 21:00 Step Group Classes Studio Mirella Torcal			
		20:15 - 21:15 Zumba® Group Classes Studio Marthe Jansen				