

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>09:15 - 10:15 BBB Group Classes Studio Magda Spiessens</p>	<p>09:00 - 10:00 Indoor Cycling Group Classes Studio Karen Persyn</p>	<p>08:15 - 09:15 Bootcamp Group Classes Studio Karen Persyn</p>	<p>08:15 - 09:15 Indoor Cycling Group Classes Studio Karen Persyn</p>	<p>09:15 - 10:15 BBB Group Classes Studio Magda Spiessens</p>	<p>10:00 - 11:00 Yoga Group Classes Studio Jutta Rommelaere</p>	<p>09:00 - 10:00 Vinyasa Yoga Group Classes Studio Jutta Rommelaere</p>
<p>10:15 - 11:15 Les Mills Bodypump™ Group Classes Studio Ilse Willeme</p>	<p>10:15 - 11:15 Pilates Group Classes Studio Magda Spiessens</p>	<p>09:15 - 10:15 BBB Group Classes Studio Magda Spiessens</p>	<p>09:15 - 10:15 Pilates Group Classes Studio Magda Spiessens</p>	<p>10:15 - 11:15 Les Mills Bodypump™ Group Classes Studio Karen Persyn</p>	<p>11:15 - 12:15 Les Mills Bodypump™ Group Classes Studio Ilse Willeme</p>	<p>10:15 - 11:15 Les Mills Bodystep™ Group Classes Studio Annick Verhoeve</p>
<p>18:00 - 18:30 Core Group Classes Studio Karen Persyn</p>	<p>11:15 - 12:15 Zumba® Group Classes Studio Magda Spiessens</p>	<p>10:15 - 11:15 Les Mills Bodypump™ Group Classes Studio Karen Persyn</p>	<p>10:15 - 11:15 Pilates Group Classes Studio Magda Spiessens</p>	<p>11:15 - 12:15 Pilates Group Classes Studio Karen Persyn</p>	<p>13:00 - 14:00 HIIT Boxing Group Classes Studio</p>	<p>11:30 - 12:30 Indoor Cycling Group Classes Studio Annick Verhoeve</p>
<p>18:30 - 19:30 Pilates Group Classes Studio Karen Persyn</p>	<p>15:00 - 16:00 Start To Workout (SGT) Group Classes Studio Jeffrey Hermans</p>	<p>11:15 - 12:15 Boxing Group Classes Studio Karen Persyn</p>	<p>18:00 - 18:30 Core Group Classes Studio Karen Persyn</p>	<p>13:00 - 14:00 Start To Workout (SGT) Group Classes Studio Jeffrey Hermans</p>		
<p>19:30 - 20:30 Power Cardio Group Classes Studio Karen Persyn</p>	<p>18:15 - 19:15 Yoga Group Classes Studio Jims Schilde</p>	<p>18:00 - 19:00 Weight Health (SGT) Group Classes Studio Jeffrey Hermans</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Karen Persyn</p>	<p>18:15 - 19:15 Vinyasa Yoga Group Classes Studio Jutta Rommelaere</p>		
<p>20:30 - 21:30 Boxing Group Classes Studio Jims Schilde</p>	<p>19:15 - 20:15 Les Mills Bodypump™ Group Classes Studio Doina Manu</p>	<p>20:00 - 21:00 Boxing Group Classes Studio Jims Schilde</p>	<p>19:45 - 20:45 Les Mills Bodystep™ Group Classes Studio Annick Verhoeve</p>	<p>19:15 - 20:15 Pilates Group Classes Studio Jutta Rommelaere</p>		
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