

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
<p>09:15 - 10:15 <b>BBB</b> Group Classes Studio   Magda Spiessens</p>	<p>09:00 - 10:00 <b>Indoor Cycling</b> Group Classes Studio   Karen Persyn</p>	<p>08:15 - 09:15 <b>Bootcamp</b> Group Classes Studio   Karen Persyn</p>	<p>08:15 - 09:15 <b>Indoor Cycling</b> Group Classes Studio   Karen Persyn</p>		<p>10:00 - 11:00 <b>Yoga</b> Group Classes Studio   Jutta Rommelaere</p>	<p>09:00 - 10:00 <b>Vinyasa Yoga</b> Group Classes Studio   Jutta Rommelaere</p>
<p>10:15 - 11:15 <b>Les Mills Bodypump™</b> Group Classes Studio   Karen Persyn</p>	<p>10:15 - 11:15 <b>Pilates</b> Group Classes Studio   Magda Spiessens</p>	<p>09:15 - 10:15 <b>BBB</b> Group Classes Studio   Magda Spiessens</p>	<p>09:15 - 10:15 <b>Pilates</b> Group Classes Studio   Magda Spiessens</p>		<p>11:15 - 12:15 <b>Les Mills Bodypump™</b> Group Classes Studio   Ilse Willeme</p>	<p>10:15 - 11:15 <b>BBB</b> Group Classes Studio   Doina Manu</p>
<p>18:00 - 18:30 <b>Core</b> Group Classes Studio   Karen Persyn</p>	<p>11:15 - 12:15 <b>Pilates</b> Group Classes Studio   Magda Spiessens</p>	<p>10:15 - 11:15 <b>Les Mills Bodypump™</b> Group Classes Studio   Karen Persyn</p>	<p>10:15 - 11:15 <b>Pilates</b> Group Classes Studio   Magda Spiessens</p>		<p>13:00 - 14:00 <b>HIIT Boxing</b> Group Classes Studio</p>	<p>11:30 - 12:30 <b>Indoor Cycling</b> Group Classes Studio   Annick Verhoeve</p>
<p>18:30 - 19:30 <b>Pilates</b> Group Classes Studio   Karen Persyn</p>	<p>15:00 - 16:00 <b>Start To Workout (SGT)</b> Group Classes Studio   Jeffrey Hermans</p>	<p>11:15 - 12:15 <b>Boxing</b> Group Classes Studio   Karen Persyn</p>	<p>18:00 - 18:30 <b>Core</b> Group Classes Studio   Karen Persyn</p>			
<p>19:30 - 20:30 <b>Power Cardio</b> Group Classes Studio   Karen Persyn</p>	<p>18:15 - 19:15 <b>Yoga</b> Group Classes Studio   Jims Schilde</p>	<p>18:00 - 19:00 <b>Weight Health (SGT)</b> Group Classes Studio   Jeffrey Hermans</p>	<p>18:30 - 19:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Karen Persyn</p>			
<p>20:30 - 21:30 <b>Boxing</b> Group Classes Studio   Jims Schilde</p>	<p>19:15 - 20:15 <b>Les Mills Bodypump™</b> Group Classes Studio   Doina Manu</p>	<p>20:00 - 21:00 <b>Boxing</b> Group Classes Studio   Jims Schilde</p>	<p>19:45 - 20:45 <b>Les Mills Bodystep™</b> Group Classes Studio   Annick Verhoeve</p>			
	<p>20:15 - 21:00 <b>Move For Health (SGT)</b> Group Classes Studio   Jeffrey Hermans</p>		<p>20:45 - 21:45 <b>Indoor Cycling</b> Group Classes Studio   Annick Verhoeve</p>			

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