

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>18:15 - 19:00 <b>Forever Fit (SGT)</b> Group Classes Studio   Sam Rogge</p>	<p>17:00 - 18:00 <b>Go Functional (SGT)</b> Group Classes Studio   Ilya De wilde</p>	<p>10:30 - 11:30 <b>Yoga</b> Group Classes Studio   Veerle Wauters</p>	<p>17:30 - 18:30 <b>Strength For Women (SGT)</b> Group Classes Studio   Inez De Meyer</p>	<p>10:00 - 11:00 <b>Pilates</b> Group Classes Studio   Peggy Detrixhe</p>	<p>10:00 - 11:00 <b>Dance</b> Group Classes Studio   Peggy Detrixhe</p>	<p>10:00 - 11:00 <b>Yoga</b> Group Classes Studio   Yves Barbion</p>
<p>18:30 - 19:30 <b>BOXING CUBE (BE)</b> Boxing Cube   Ismail Abdoul</p>	<p>18:30 - 19:30 <b>BBB</b> Group Classes Studio   Leen Goetvinck</p>	<p>18:00 - 19:00 <b>Start To Workout (SGT)</b> Fitness Floor   Michael Lin</p>	<p>18:30 - 19:30 <b>BOXING CUBE (BE)</b> Boxing Cube   Ismail Abdoul</p>	<p>12:15 - 12:45 <b>Core</b> Group Classes Studio   Ilya De wilde</p>	<p>11:00 - 12:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Peggy Detrixhe</p>	
<p>19:30 - 20:30 <b>BBB</b> Group Classes Studio   Fleur De Poorter</p>	<p>18:30 - 19:30 <b>Kick</b> Boxing Cube   Ronny De Groeve</p>	<p>18:30 - 19:30 <b>Pilates</b> Group Classes Studio   Peggy Detrixhe</p>				
<p>20:00 - 21:00 <b>INDOOR CYCLING CUBE (BE)</b> Cycling Cube   Rudy Vergelyen</p>	<p>19:30 - 20:30 <b>Indoor Cycling</b> Cycling Cube   Natascha Van Driessche</p>	<p>19:30 - 20:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Peggy Detrixhe</p>				
	<p>19:30 - 20:30 <b>Total Body Conditioning</b> Group Classes Studio   Leen Goetvinck</p>					

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