

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
	<p>12:00 - 13:00 Start To Workout (SGT) Fintess Floor Esmeralda Den heijer</p>	<p>19:30 - 20:30 Step Group Classes Studio Irissa Bogaerts</p>	<p>09:00 - 10:00 Start To Workout (SGT) Fintess Floor Janelle Dassen</p>	<p>10:00 - 11:00 Strength Training (SGT) Fintess Floor Kelvin Van Brabant</p>	<p>09:30 - 10:30 Pilates Group Classes Studio Elena Ion</p>	<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Clara Ruyloft</p>
	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Peter Boelen</p>	<p>20:30 - 21:30 Pilates Group Classes Studio Elena Ion</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Peter Boelen</p>	<p>19:00 - 20:00 Yoga Group Classes Studio Anais Pereboom</p>	<p>10:00 - 10:30 Mobility (SGT) Fintess Floor Roan Dierick</p>	<p>10:00 - 11:00 Strength For Women (SGT) Fintess Floor Esmeralda Den heijer</p>
	<p>19:30 - 20:30 Indoor Cycling Group Classes Studio Johan Claes</p>		<p>20:00 - 21:00 Indoor Cycling Group Classes Studio Johan Claes</p>		<p>11:00 - 12:30 SOUND BATH (BE) Group Classes Studio Bianca Krings</p>	<p>11:00 - 12:00 Zumba® Group Classes Studio Irissa Bogaerts</p>
	<p>20:30 - 21:30 Indoor Cycling Group Classes Studio Clara Ruyloft</p>					

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<p>19:00 - 19:30 ABDO WOD (BE) Group Classes Studio Riet Maes</p>	<p>10:00 - 11:00 Yoga Group Classes Studio Anais Pereboom</p>	<p>17:00 - 18:00 Go Functional (SGT) Group Classes Studio Kelvin Van Brabant</p>	<p>09:00 - 10:00 Start To Workout (SGT) Fintess Floor Janelle Dassen</p>	<p>16:00 - 17:00 Strength Training (SGT) Fintess Floor Kelvin Van Brabant</p>	<p>09:30 - 10:30 Pilates Group Classes Studio Elena Ion</p>	<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Clara Ruyloft</p>
<p>19:00 - 20:00 Healthy Back (SGT) Fintess Floor Roan Dierick</p>	<p>12:00 - 13:00 Strength For Women (SGT) Fintess Floor Esmeralda Den heijer</p>	<p>19:30 - 20:30 Step Group Classes Studio Irissa Bogaerts</p>	<p>19:00 - 20:00 Les Mills Bodypump™ Group Classes Studio Peter Boelen</p>	<p>19:00 - 20:00 Yoga Group Classes Studio Anais Pereboom</p>	<p>11:00 - 11:30 Mobility (SGT) Fintess Floor Roan Dierick</p>	<p>11:00 - 12:00 Start To Workout (SGT) Fintess Floor Esmeralda Den heijer</p>
<p>19:30 - 20:30 BBB Group Classes Studio Riet Maes</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Peter Boelen</p>	<p>20:30 - 21:30 Pilates Group Classes Studio Elena Ion</p>	<p>20:00 - 21:00 Indoor Cycling Group Classes Studio Johan Claes</p>			<p>11:00 - 12:00 Zumba® Group Classes Studio Irissa Bogaerts</p>
<p>20:30 - 21:30 Zumba® Group Classes Studio Irissa Bogaerts</p>	<p>19:30 - 20:30 Indoor Cycling Group Classes Studio Johan Claes</p>					
	<p>20:30 - 21:30 Indoor Cycling Group Classes Studio Clara Ruyloft</p>					