

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
<p>12:00 - 13:00 Start To Workout (SGT) Group Classes Studio Brigitte Westbroek</p>	<p>09:00 - 09:30 Healthy Back (SGT) Group Classes Studio Brigitte Westbroek</p>	<p>09:30 - 10:30 Pilates Group Classes Studio Thieme Igodt</p>	<p>10:00 - 11:00 Yoga Group Classes Studio</p>	<p>09:00 - 10:00 Weight Health (SGT) Group Classes Studio Brigitte Westbroek</p>	<p>10:00 - 11:00 Zumba® Group Classes Studio Natalia Fefelova</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Thieme Igodt</p>
<p>14:00 - 15:00 Strength For Women (SGT) Group Classes Studio Brigitte Westbroek</p>	<p>19:00 - 20:00 Zumba® Group Classes Studio Natalia Fefelova</p>	<p>17:30 - 18:30 Move For Health (SGT) Brigitte Westbroek</p>	<p>19:00 - 20:00 Indoor Cycling Group Classes Studio</p>			
<p>17:30 - 18:30 Moving Mom (SGT) Group Classes Studio Brigitte Westbroek</p>	<p>20:00 - 21:00 Indoor Cycling Group Classes Studio</p>	<p>19:00 - 20:00 HIIT Boxing Group Classes Studio Brigitte Westbroek</p>	<p>20:00 - 21:00 Zumba® Group Classes Studio Natalia Fefelova</p>			
<p>18:00 - 19:00 Pilates</p>						
<p>19:00 - 20:00 Get stronger</p>						
<p>20:00 - 21:00 Step Group Classes Studio</p>						

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<p>14:00 - 15:00 Strength For Women (SGT) Group Classes Studio Brigitte Westbroek</p>	<p>17:00 - 18:00 GO HYBRID SGT(BE) Group Classes Studio Thieme Igodt</p>	<p>17:00 - 18:00 GO HYBRID SGT(BE) Group Classes Studio Thieme Igodt</p>	<p>10:00 - 11:00 Yoga Group Classes Studio</p>			
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